

**S. S. Jain Subodh P.G. College
Autonomous**

**M.A./M.Sc. Psychology Syllabus
Semester Scheme**

Eligibility

A candidate who has secured more than 55% or CGPA of 3.5 in the UGC Seven Point scale [36% or Pass marks for SC/ST/Non-creamy layer OBC/SBC] or equivalent in the Bachelor degree in Arts/ Science shall be eligible for admission to First Semester of a Master of Psychology course. For candidates from outside the state of Rajasthan 60% or CGPA of 4.0 in the UGC Seven Point Scale will be applicable irrespective of the category.

Scheme of Examination

- a) Each Theory paper in End of Semester Examination (EoSE) will carry 70 marks. The EoSE will be of 3 hours duration.
- b) Part 'A' of the theory paper will comprise of 05 Short Answer Questions of 10 marks, based on knowledge, understanding and applications of the topics/texts covered in the syllabus. Each question will carry two (02) marks.
- c) Part 'B' of the theory paper will comprise of four (04) questions from each unit with internal choice. The candidate has to attempt four (04) questions. Each question will carry fifteen (15) marks.
- d) Each Laboratory EoSE will be of 60 marks and Four (4) hours duration and the internal assessment of the practical will be of 40 marks. Conduction of experiment / test and viva-voce examination with weightage in the ratio of 75:25 respectively.
- e) Each Seminar (SEM)/ Project Work (PRI)/ Field Study (FST)/ Training will have Continuous Internal Assessment by the guiding teacher. Every EoSE will be of 100 marks and Four (4) hours duration. The EoSE will involve two course categories of 50 marks each and will comprise of submission and presentation of reports and viva-voce examination.
- f) Continuous Assessment will consist of two components, namely (1) Internal Assessment and (2) Assignment of 30 marks. The internal assessment component will comprise of assessment of students' performance in the test and on the basis of factors like attendance, classroom participation etc..

Semester Structure

Course Structure: M.A./M.Sc. Psychology (Semester Scheme) course will comprise of Four (4) Semesters. Each Semester of Master's course will offer 36 credits. For award of Master's degree Minimum 120 Credits are required.

The Credit Courses have been classified as:

- (a) Compulsory Core Course (CCC)
- (b) Elective Core Course (ECC)
- (c) Seminar (SEM), Project Work (PRA) Field Study (FST)
- (d) Contact Hours: Lecture (L), Tutorial (T), Practical (P), Self Study (SS)

Course Matrix

M.A. / M.Sc. Semester-I

S. No	Subject Code	Course Title	Course Category	Credits	Contact Hours/ Week	EoSE Duration (Hrs.)	
						Theory	Practical
1	MPSY101	Theoretical Approaches in Psychology	CCC	6	4	3	0
2	MPSY102	Research Methods	CCC	6	4	3	0
3	MPSY103	Advanced Social Psychology	CCC	6	4	3	0
4	MPSY104	Psychopathology	CCC	6	4	3	0
5	MPSY105	General Lab	CCC	6	9	-	4
6	MPSYE01 -A	Project Work (PRJ)	ECC	6	0	-	4
Total Credits				36			

M.A. / M.Sc. Semester – II

S. No	Subject Code	Course Title	Course Category	Credits	Contact Hours/ Week	EoSE Duration (Hrs.)	
						Theory	Practical
1	MPSY201	Developmental Psychology	CCC	6	4	3	0
2	MPSY202	Biopsychology	CCC	6	4	3	0
3	MPSY203	Statistics in Psychology	CCC	6	4	3	0
4	MPSY204	Foundations of Counselling Psychology	CCC	6	4	3	0
5	MPSY205	General Lab	CCC	6	9	0	4
6	MPSYE02 -A	Project Work (PRJ)	ECC	6	0	-	4
Total Credits				36			



**S. S. Jain Subodh P.G. College (Autonomous)
Jaipur**

Faculty of Arts/Science

Two Year Postgraduate Programme In

PSYCHOLOGY

I & II Semester Examination 2023-24

(Syllabus as per NEP-2020 and Choice Based Credit System)

w.e.f. Academic Session 2023-24

S.S.JainSubodhP.G.College
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M.A./M.Sc.Psychology
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Semester I

Theoretical Approaches in Psychology
Paper Code: MPSY101

Theory Paper -I

Part-A : 05 Short Questions (Comp.) 5x2 Marks Each = 10 Marks

Part-B : 04 Questions from each unit with internal choice 4x15 Marks Each = 60 Marks

Total marks of End of Semester Examination= 70 Marks

CIA (Internal Assessment) = 30 Marks

Maximum Marks = 100 Marks

Minimum Marks = 40 Marks

Credits: 6

Contact Hours: 4/ Week

Objective: To acquaint the students with various theories of psychology and study human behaviour and experience as complex systems.

Course Outcomes: On completion of the course, the students will be able to:

CO1:Apply theories that explain ways of understanding and thinking about human thought processes.

CO2: Understand theories that can provide a new perspective regarding human behaviours and an understanding of how humans think, learn and find motivation.

Syllabus

Unit- I

(15 Hrs.)

Psychological Foundations: Helmholtz, Weber and Fechner. Structuralism: Wundt and Titchner. Functionalism: William James, John Dewey, Galton.

Unit- II

(15 Hrs.)

Associationism: Ebbinghaus, Thorndike, Pavlov. Behaviorism: Watson, Tolman.

Unit – III

(15 Hrs.)

Psychoanalysis: Freud, Jung, Adler, Horney. Post-Psychoanalysis: Erikson and Sullivan; Gestalt Psychology: Wertheimer, Koffka and Kohler.

Unit – IV

(15 Hrs.)

Humanistic: Rogers and Maslow; Cognitive Psychology: Piaget and Chomsky.

Books Recommended:

Hergenhahr, B.R. (2001). *An Introduction to the History of Psychology*. New Delhi: Cengage learning.

Leahey, T.H. (2006). *History of Psychology: Main currents in psychological thoughts*. New Delhi: Pearson Education.

Shultz, D.P. (2003). *History of Psychology*. New Delhi: Pearson Education.

Singh, A.K. (1997). *The Comprehensive history of Psychology*. New Delhi: Motilal Banarsi Das.

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Semester I

Research Methods
Paper Code: MPSY102

Theory Paper -II

Part-A : 05 Short Questions (Comp.) 5x2 Marks Each = 10 Marks

Part-B : 04 Questions from each unit with internal choice 4x15 Marks Each = 60 Marks

Total marks of End of Semester Examination= 70 Marks

CIA (Internal Assessment) = 30 Marks

Maximum Marks = 100 Marks

Minimum Marks = 40 Marks

Credits: 6

Contact Hours: 4/ Week

Objective:Develop a basic understanding of qualitative and quantitative research and a deeper insight into the process of research.

Course Outcomes: On completion of this course, the students will be able to:

CO1: Recognize the elements of research and determine the importance of sampling.

CO2: Understand the distinctive features of experimental and non experimental methods.

CO3: Inferring various true and quasi-experimental strategies with their strengths and limitations.

CO4:Inferring various styles and formatting and demonstrating an understanding of writing a research report.

Syllabus

Unit-I

(15Hrs.)

Psychology and Science: Meaning and purpose of Research. Applied and Basic Research. Rationale of Research in Psychology. Research Process: Research Problem, Hypothesis and variables (Operationalization and Control). Sampling: Probability and Non probability Techniques of Sampling.

Unit-II

(15Hrs.)

Experimental and Non Experimental Research Methods: Experimental- True and Quasi Experiments. Non Experimental - Observation, Archival and Case Study.

Unit-III(10Hrs.)

Qualitative Research Methods: Focus Groups, Interviews, Thematic Analysis, Discourse Analysis.

Unit-IV

(20Hrs.)

Academic Writing: Introduction to Academic Writing: An overview of the current status of Academic Writing and its importance; different approaches and processes; Key issues: Plagiarism, biases and frequent errors. Guidelines and rules in Academic Writing: Introduction to style and formatting guidelines from the American Psychological Association (APA); Specific Guidelines Pertaining to In-Text Citations, References, and Structures of Academic Courses; Ethics In Psychological Research.

Books Recommended:

Broota, K.D. (1992). *Experimental designs in Behavioral Research*. New Delhi: Wiley.

Howitt, D. & Cramer, D. (2005). *Introduction to Research Methods in Psychology*. New Delhi.

Gulhrie, G.(2010). *Basic Research Method*. New Delhi: Sage.

Kline, T. J.B. (2005). *Psychological Testing*. New Delhi: Vistaar Publication.

Mc Burney, D.H. & White, T.L. (2007). *Research Methods*. New Delhi: Cengage Learning.

Newman, W.L. (1991). *Social Research Methods: Qualitative and Quantitative*. Boston; Allyn and Bacon.

Kerlinger F.N. (1994). *Foundations of Behavioral Research* (3rd ed)

Kothari, C. R. (1985). *Research methodology: Methods and Techniques*. New Delhi: Wiley Eastern Ltd.

Bailey, S. (2011). *Academic writing : A handbook for international students*. 3rd Edition. New York : Routledge.

Publication Manual of the American Psychological Association (6th ed.) (2009). Washington, DC: American Psychological Association.

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Semester I

Advanced Social Psychology
Paper Code: MPSY103

Theory Paper -III

Part-A : 05 Short Questions (Comp.) 5x2 Marks Each = 10 Marks

Part-B : 04 Questions from each unit with internal choice 4x15 Marks Each = 60 Marks

Total marks of End of Semester Examination= 70 Marks

CIA (Internal Assessment) = 30 Marks

Maximum Marks = 100 Marks

Minimum Marks = 40 Marks

Credits: 6

Contact Hours: 4/ Week

Objective: To enable students to understand how social problems can be analyzed in terms of various social psychological theories

Course Outcomes: On completion of the course, the students will be able to:

CO1: Apply Social Psychology in the work settings.

CO2: Differentiate different kinds of relationship patterns of interpersonal attraction.

CO3: Examine different theories of aggression

CO4: Analyze different causes of attitude and prejudice formation and accordingly suggest appropriate measures to reduce them.

CO5: Understand gender differences.

Syllabus

Unit-I (15Hrs.)

Introduction: Theoretical orientations :Learning Theories, Psychoanalytic Theory, Field Theory, Role Psychology.Theory,Cognitive and Behaviouristic Theory. Scientific Nature, Applications and Methods of Social Application in Work Setting: Work related Attitudes, Nature and Effects of Job Satisfaction, Organizational Citizenship Behaviour, Social Psychology of Entrepreneurship.

Unit-II

(15 Hrs.)

Attitudes and Prejudices: Attitude— Meaning, Theories, Attitude change; Prejudice -- Origin and Cognitive basis; Techniques to Control Prejudice. Social Influence: Conformity-Nature, Characteristics and Theories; Factors affecting Conformity; Compliance - Meaning, Nature and Principles; Obedience Basis and Experimental Studies.

Unit-III

(15Hrs.)

Personal Relationship: Family Interaction and Close Friendship, Romantic Relationship, Love and Physical Intimacy; Marital Relationship, Interdependence, Self Disclosure, Intimacy, Balance of Power and Conflict.

Unit-IV

(15Hrs.)

Understanding of Self: Personal vs. Social Identity, Self Concept, Self-Esteem; Gender Identity; Gender Differences in Self-Esteem, Social Comparison and Self; Self as a target of Prejudice.

Books Recommended:

Baron, R.A., & Byrne, D. (2010). *Social Psychology*. New Delhi: Pearson Education.

Myers, D. (2007). *Social psychology*. New Delhi: Cengage learning.

Taylor, S.E., David, L.A. & Sears, O. (2009). *Social psychology*. New Delhi: Pearson Education.

मोहम्मद , एस. (2009). *उच्चतरसमाज मनोविज्ञान* , नईदिल्ली :

सिंह , ए.के . (2009). *समाजमनोविज्ञानकेरूपरेखा* , नईदिल्ली :

मोतीलालबनारसीदास .

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Semester I

Psychopathology
PaperCode:MPSY104

Theory Paper IV

Part-A : 05 Short Questions (Comp.) 5x2 Marks Each = 10 Marks

Part-B : 04 Questions from each unit with internal choice 4x15 Marks Each = 60 Marks

Total marks of End of Semester Examination= 70 Marks

CIA (Internal Assessment) = 30 Marks

Maximum Marks = 100 Marks

Minimum Marks = 40 Marks

Credits: 6

Contact Hours: 4/ Week

Objective: This course introduces students to mental health issues in clinical psychology by introducing clinical psychopathology. The use of diagnostic assessments using both DSM and ICD will be explored in this course.

Course Outcomes: On completion of this course, the students will be able to:

CO1: Understand various manifestations of psychopathology.

CO2: Understand the criteria to diagnose various disorders using ICD and DSM classification systems.

CO3: Understand the prevention of mental disorders, various causal factors and etiology of disorders.

Syllabus

Unit-I

(15Hrs.)

Introduction: Normality and Pathology; Mental Health and Mental Disorders. Indicators of Abnormality, Vulnerability, Resilience and Coping Paradigm. Prevention of Mental Disorders: Levels and Perspectives on Prevention, Situations, -Focused and Competency - Focused Prevention. Mental health professionals.

Unit- II

(15Hrs.)

Classification of Mental Disorders: Latest APA and WHO Classification System: Development, Advantages and Disadvantages of Classification System.

Unit-III

(15Hrs.)

Theoretical Models: Bio-Medical, Psychodynamic, Cognitive Behavioral, Humanistic, Existential, Family Systems, Integrative and Bio-psychosocial Model.

Unit- IV

(15Hrs.)

Causal Factors and Symptomatology: Biological, Psycho-social and Socio-Cultural Causal Factors, Diathesis-Stress Model. Cognitive, Conative and Affective Symptoms.

Books Recommended:

Kaplan, H.J., & Sadock, B.J (2004). *Comprehensive text book of Psychiatry*. Baltimore. William and Wilkins.

Diagnostic and Statistical Manual of Mental Disorders. (DSM – IV-TR, 2000; DSM-V, 2013) Washington D.C.: APA Publication.

The ICD – 10 Classification of Mental and Behavioural, (2007). WHO.

Sarasan I. G., & Sarason B.R. (2005), *Abnormal Psychology: The Problem of Maladaptive Behaviour*. Delhi: Pearson India Education.

Buthcher, J. N. , Hooley, J. M., Mineka, S. & Dwividi B.C. (2015), *Abnormal Psychology*, Delhi: Pearson India Education.

Barlow, D.H. & Durand, V. M. (2007). *Abnormal Psychology*. New Delhi: Thomson.

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Semester I

General Lab
PaperCode:MPSY105

A-Experiment - Psychophysical Experiments (RL / DL)

B-Tests- 1.Differential Aptitude Test

2.Wechsler Adult Intelligence Scale

3.Sixteen Personality Factors

4.Creative Thinking (Verbal and Non-Verbal)

5.Mental Health

6.Clinical Analysis Questionnaire

7.Cognitive Capabilities Test for Transition Period

8.Pro Environmental Behaviour Scale

9.Self-Directed Search

10.Career Decision Scale

C- Cataloguing and Profiling (any two)-1.Clinical and Health

2.Social and Environmental

3.Self and Personality

4.Educational and Developmental

E- Internship /Field Work

Project Work –

1.Seminar Presentation

2.Research Paper Analysis (Any Two)

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Semester II

Developmental Psychology
PaperCode:MPSY201

Theory Paper I

Part-A : 05 Short Questions (Comp.) 5x2 Marks Each = 10 Marks

Part-B : 04 Questions from each unit with internal choice 4x15 Marks Each = 60 Marks

Total marks of End of Semester Examination= 70 Marks

CIA (Internal Assessment) = 30 Marks

Maximum Marks = 100 Marks

Minimum Marks = 40 Marks

Credits: 6

Contact Hours: 4/ Week

Objective: The course will help the students understand development theories. Understand the importance of scientifically studying issues related to human development and recognize the diversity of life experiences that shape individual development

Course Outcomes:On completion of the course, the students will be able to:

CO1: Understand the methods of studying developmentalbehaviour.

CO2: Explain the cognitive, cultural, environmental and social factors that influence development throughout the lifespan.

CO3: Understand the influences on identity development.

CO4: Compare and contrast the foundational theories of developmental psychology

CO5: Understand the theoretical aspects of emotional and moral development.

Syllabus

Unit-I

(15Hrs.)

Human Development: Nature and Scope. Methods of studying Developmental Behavior. Foundations of Development: Biological, Socio-Environmental and Cultural.

Unit-II

(15Hrs.)

Self and Identity: Self Awareness, Self Concept and Self-Esteem; Cognitive Social and Cultural Influences; Identity: Nature and Meaning; Construction and Influences on Identity Development.

Unit-III

(15Hrs.)

Psychoanalytic and Psychodynamic Theories: Freud, Erikson and Bowlby. Social Learning and Cognitive Theories: Bandura, Piaget, Vygotsky.

Unit-IV

(15Hrs.)

Emotional and Moral Development: Functions of Emotions, Development of Emotional Expression. Moral Development: Piaget's and Kohlberg's Theories. Influences on Moral Reasoning.

Books Recommended:

Berk, L.E. (2003). *Child Development*. Delhi: Prentice-Hall.

Santrock, J.W. (1999). *Lifespan Development*. New York: McGraw Hill

Hurlock, E. (2003). *Developmental Psychology*. Delhi: Tata McGraw Hill.

Papalia, S. & Feldman, C. (2002). *Adult Development and Aging*. Delhi: Tata McGraw Hill.

Berk, L.E. (2010). *Development through the Life Span*. Delhi: Pearson Education.

Sigelman, C.K. & Rifer, E.A. (2009). *Human Development*. Wadsworth: Cengage Learning.

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Semester II

Biopsychology
PaperCode:MPSY202

Theory Paper II

Part-A : 05 Short Questions (Comp.) 5x2 Marks Each = 10 Marks

Part-B : 04 Questions from each unit with internal choice 4x15 Marks Each = 60 Marks

Total marks of End of Semester Examination= 70 Marks

CIA (Internal Assessment) = 30 Marks

Maximum Marks = 100 Marks

Minimum Marks = 40 Marks

Credits: 6

Contact Hours: 4/ Week

Objective: To enable students to understand the physiological processes underlying human behaviour.

Course Outcomes:On completion of the course, the students will be able to:

CO1: Understand the fundamental physiological processes, evolution of the brain and scientific methods underlying human behaviour.

CO2: Understand the role of the nerve cell and central nervous system in governing human behaviour.

CO4: Understand the fundamental physiological processes underlying human behavior like learning and memory.

CO5: Understand the biological causes of psychiatric disorders.

Syllabus

Unit-I

(15Hrs.)

Introduction: Definition and Scope; Evolution of Human Brain. Research Methods and Tools of Biopsychology.

Unit-II(15Hrs.)

Nervous System: Neuron-Structure, Types and Functions; Spinal cord; Central Nervous System and Peripheral Nervous System-Structure and Functions. Neural conductors and Synaptic Transmission; Neurotransmitters.

Unit-III

(15Hrs.)

Learning and Memory: Nature of learning and Memory Neural Mechanism of Learning and Memory; Disorders of Memory, Cortical Localization and Language Disorders.

Unit-IV

(15Hrs.)

Biological Causes of Psychiatric Disorders: Schizophrenia, Affective Disorders and Anxiety Disorders.

Books Recommended:

Carlson, N.R. (2007). *Foundation of Physiological Psychology*. New Delhi: Pearson Education.

Grossman, S.P. (1967). *A Textbook of Physiological Psychology*. New York: Wiley.

Levinthal, C.F. (1990). *Introduction to Physiological Psychology*. New Delhi: PrinticeHall.

Pinel, J.P. (2007). *Biopsychology*. New Delhi: Person Education.

Thompson, R.F. (1980). *Introduction to Physiological Psychology*. New York: Harper and Row.

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Semester II

Statistics in Psychology
PaperCode:MPSY203

Theory Paper III

Part-A : 05 Short Questions (Comp.) 5x2 Marks Each = 10 Marks

Part-B : 04 Questions from each unit with internal choice 4x15 Marks Each = 60 Marks

Total marks of End of Semester Examination= 70 Marks

CIA (Internal Assessment) = 30 Marks

Maximum Marks = 100 Marks

Minimum Marks = 40 Marks

Credits: 6

Contact Hours: 4/ Week

Objective:To develop an understanding of various statistical techniques used in Psychology in terms of their assumptions and applications.

Course Outcomes: On completion of the course, the students will be able to:

CO1: Define and identify basic concepts in inferential and descriptive statistics.

CO2: Describe and utilize principles of normal probability.

CO3: Explain and apply the concepts and procedures of descriptive statistics.

CO4: Apply and interpret correlational methods.

CO5: Understand the utility, application and interpretation of parametric and non-parametric tests.

CO6: Understand and apply regression and factor analysis.

Syllabus

Unit-I**(15Hrs.)**

Normal Distribution: Meaning and Importance; Properties of Normal Probability Distribution; Application of Normal Probability Curve; Divergence from Normality.

Unit-II**(15Hrs.)**

Parametric Statistics -Correlation : Product Moment Method (Real Mean Method, Assumed Mean Method), construction of Scatter Diagram, Biserial and Point Biserial Method, Significance of Difference between Means (Large Small ,Correlated and Independent Groups) Analysis of Variance- One Way and Two Way Analysis of Variance.

Unit-III**(15Hrs.)**

Non-Parametric Statistics:Difference between Parametric and Non parametric Statistics.Chi-Square Test (Equal and Normal Probability Hypothesis); Sign Test, Median Test, Mann-Whitney U Test, Freidman Test,Two way ANOVA.

Unit-IV**(15Hrs.)**

Multiple Regression: Meaning, Types and Uses; Interpretation of Data. Factor Analysis: Meaning, Types and Uses; Interpretation of Data.

Books Recommended:

Aron, A., Aron, E. & Coups, E. (2007). *Statistics for psychology*. New 'Delhi: Pearson Education.

Garrett, H. (1981). *Statistics in psychology and education*. Mumbai: Vakifebber and Simons.

Guilford, J.P. (1975). *Fundamental statistics in psychology and education*. New York: McGraw Hill.

Siegel, S. (1988). *Nonparametric Statistics for Behavioural Science*. New York, McGraw Hill.

Veeraraghavan, V. &Shetgovekar,S. (2016), *Textbook of Parametric and Non- Parametric Statistic*. New Delhi: Sage.

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Semester II

**Foundations of Counselling
PaperCode:MPSY204**

Theory Paper IV

Part-A : 05 Short Questions (Comp.) 5x2 Marks Each = 10 Marks

Part-B : 04 Questions from each unit with internal choice 4x15 Marks Each = 60 Marks

Total marks of End of Semester Examination= 70 Marks

CIA (Internal Assessment) = 30 Marks

Maximum Marks = 100 Marks

Minimum Marks = 40 Marks

Credits: 6

Contact Hours: 4/ Week

Course objectives:The course will provide students with an understanding the counsellor's role and the current status of Counselling Psychology.It will also appraise them of the ethical issues in the field of Counselling Psychology.

Course outcomes: On completion of the course, the students will be able to:

CO1:Understand the concept of counselling.

CO 2: State the historical background and development of Counselling Psychology.

CO 3: Critically analyze ethical issues and debate in Counselling Psychology..

CO 4: Assess boundaries of the different types of Counselling Psychology..

Syllabus

Unit-I

(15 Hrs.)

Introduction: Concept of Counselling; Defining features of Counseling; Major Goals of Counselling, Differences between Guidance and Counselling. Types of counselling, Counselling Psychology and other Specialties and Fields.

Unit-II

(15 Hrs.)

Historic Perspectives: Five Unifying Themes of Counselling Psychology; Stages in the Development of the Profession-Western History and Indian History; The Scientist Practitioner Model.

Unit-III

(15 Hrs.)

Counselling Relationship & Ethical and Legal Guidelines: The Importance of Relationship; Components of Relationship; Facilitative Conditions for the Counselling Relationship; Ethical Issues, Ethical Dilemmas, Legal Concern of Counsellors.

Unit-IV

(15 Hrs.)

Current Trends in Counselling: Different formats of Counselling Services; Technological Advances in Counselling; Diversity issues in Counselling; Global Diversity Issues in Counselling; Trauma Counselling; Mental Health Advocacy and Social Justice; Process Oriented Research in Counselling.

Books Recommended:

Gupta, K., Sinha, A., & Bholra, P. (2016). *Intersections Between Ethics and Technology: Online Client Therapist Intersections*. In P. Bholra & A. Raguram. *Ethical issues in counseling and psychotherapy practice: walking the line* (pp. 169-186). Springer.

Gelso, C.J., Williams, E.N. & Fretz, B.R. (2014). *Counselling Psychology*. American Psychological Association.

Gibson, R.L. & Mitchell, M.H. (2008). *Introduction to Counselling and Guidance*. Pearson.

Gladding, S.T. (2018). *Counselling: A Comprehensive Profession*. Pearson

Vinay, B. & Lakshmi, J., & Math, S.B. (2016). *Ethical and Legal Issues in Psychotherapy and Psychotherapy Practice: Walking the Line*.

Mcleod, J. (2013). *An Introduction to Counselling*. Mc Graw Hill publication.

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Semester II

General Lab
PaperCode:MPSY205

A-Experiment -Concept Formation

B-Tests- 1.Biofeedback

2.Minnesota Multiphasic Personality Inventory

3. Study Habit

4. RINPAS Family Relations Test

5. Bender Gestalt Visual-Motor Test

6. Psycho-Physiological State Inventory

7. NEOPI-R

8. Edwards Personal Preference Schedule

9. Transactional Style Inventory :Counselling

10., Study of Home Environment

C- Counselling Skills-1.Interviewing Skills

2.Empathy Skills

3.Problem Solving Skills

4.Coping with feelings

Source: Philip Bumard (1992) Counselling skills training: A Source book of Activities for Trainers,VivaBooks, New Delhi,

E- Internship / Field Work

Project Work –

1. Seminar Presentation

2. Research Paper Analysis (Any Two)