

S. S. Jain Subodh P.G. College, Jaipur
(Autonomous)

SYLLABUS



(Three / Four-Year Undergraduate Program)

B.A. / B.Sc.

Subject/Discipline: Psychology

I & II Semester Examination 2025-26

As per NEP-2020

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Program Specific Outcomes (PSOs)

After completion of the program, the student will be able to:

- PSO1: Develop sound knowledge about the fundamental concepts in Psychology related to various subfields of Psychology.
- PSO2: Develop critical thinking skills and distinguish between concepts studied in different courses.
- PSO3: Apply appropriate concepts and methods of Psychology to solve problems.
- PSO4: Develop positive attributes such as empathy, compassion, effective communication skills, like listening, speaking, and observational skills.
- PSO5: Be committed towards the health and well-being of different stakeholders.
- PSO6: Appreciation and tolerance towards different behavioural patterns.
- PSO7: Analyze different cognitive aspects of human behavior.
- PSO8: Develop a strong theoretical foundation of research methodology used in Psychology and apply the knowledge to conduct research ethically.

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B.A./B.Sc. Psychology Syllabus Semester Scheme

Eligibility -

10+2 with 48% from Rajasthan Board / CBSE from Rajasthan state and 60% for CBSE or any other equivalent recognized Board from other state.

Examination Scheme -

70% weightage for End of Semester Exam (EOSE) and 30% weightage of Continuous Internal Assessment (CIA).

Passing Marks -

40% marks in each paper/ subject, including sessional/CIA and EOSE, put together.

The ability enhancement course (AEC), which are in Hindi and English, may be incorporated in both the semester I and II.

The Skill Enhancement Course (SEC) is incorporated in Semester III-VI.

Total marks for a course/subject: 150

Practical Max Marks: 50 (Internal: 20 Marks + External: 30 Marks)

CIA Max Marks: 30 (10 marks: Mid Term -2 Units, 10 marks: Assignment, 10 Marks: DECA)

EOSE Max. Marks: 70

The question paper (EOSE -End of Semester Examination) will consist of two parts, A & B

Part A: 14 Marks

Part A will be compulsory having 10 very short answer-type questions (with a limit of 20 words) of two marks each and candidate can attempt any seven questions.

Part B: 56 Marks

Part B of the question paper shall be divided into four units comprising question number 2-5. There will be one question from each unit with an internal choice. Each question will carry 14 marks.

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B.A./ B.Sc. Psychology

Semester- I

Introduction to Psychology

Paper Code: BAPY101/BSPY101

1 Credit – 25 Marks

4 Credit – 100 Marks

Question Paper: 70 Marks

Internal Assessment: 30 Marks

Objective –

1. To understand the meaning, goals, history and different methods of psychology.
2. To get information about neurons and to explore the structure and functions of the central nervous and peripheral nervous system.
3. To learn about the meaning, nature, types, and theories of motivation and emotion.
4. To comprehend the definition, types, theories, and assessment methods of personality.

Learning Outcomes/ Course Outcomes –

By the end of the Course, Students will be able to:

1. Develop an understanding of the epistemology of psychology
2. Analyze and appreciate psychology as a science and its biological basis.
3. Apply the principles of major concepts of psychology, such as motivation and emotion.
4. Develop an understanding of different theories and methods to study personality.

Marks distribution in the Question Paper:

The question paper (EoSE -End of Semester Examination) will consist of two parts A & B

Part A: 14 Marks

Part A will be compulsory having 10 very short answer type questions (with a limit of 20 words) of two marks each and candidate can attempt any seven questions.

Part B: 56 Marks

Part B of the question paper shall be divided into four units comprising question number 2-5. There will be one question from each unit with internal choice. Each question will carry 14 marks.

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Unit – I

Introduction: Definition and Goals of Psychology; Schools of Psychology-Structuralism, Functionalism, Behaviourism, Gestalt and Psychoanalysis; Modern Perspectives-Biological, Psychodynamic, Behavioural, Cognitive, Humanistic, Evolutionary, and Socio-cultural; Methods-Observation, Case Study, Survey and Experimental Method.

Unit – II

Biological Basis of Behaviour: Structure and Functions of Neuron, Structure and Functions of the Central Nervous System, and the Peripheral Nervous System. Role of Neurotransmitters and Endocrine Glands in Behaviour.

Unit – III

Motivation and Emotion: Motivation: Meaning and Approaches-Instinct, Drive-Reduction, Arousal, Incentive, and Humanistic. Emotion: Elements-Physiology, Expression, and Subjective Experience; Theories-Cannon-Bard, James-Lange, Schachter-Singer, Opponent-Process Theory.

Unit – IV

Personality: Definition; Type Theories- Sheldon, Kretchmer, and Jung; Trait Theories- Allport, Cattell, McCrae, and Costa; Personality Assessment- Self-report Inventories, Projective Tests, and Behavioural Assessments.

References

1. Psychology, Baron, R.A. & Misra, G. (2023)., New Delhi: Pearson Education India.
2. Psychology, Ciccarelli, S.K., White, J.N. & Misra, G. (2022). New Delhi: Pearson Education
3. Introduction to Psychology, Okon, Abigail Edem (2019), University of Calabar.
4. Introduction to Psychology, Morgan, C.T., King, R.A., & Schopler, J. (2004) New Delhi: Tata McGraw Hill.
5. Understanding Psychology, Kalat, J.W. (2016). New York: Cengage Learnings.

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B.A./ B.Sc. Psychology

Semester- I

Practical -I

Paper Code: BAPY151/BSPY151

1 Credit – 25 Marks

2 Credit – 50 Marks

Internal Examination: 20 Marks

External Examination: 30 Marks

Objective –

1. To understand the nature, significance, and different methods of studying psychology.
2. To get information about various tests of Personality assessment.
3. To gain an understanding of the experimenting/testing of pathological traits of personality.
4. To learn about the procedure and relevance of the Observation technique.

Learning Outcomes/ Course Outcomes –

By the end of the Course, Students will be able to -

1. Understand different steps of Report Writing.
2. Understanding scientific method for the solution of psychological problem.
3. Knowledge of various psychological experiments and test in any situation.
4. Develop the skills for administering and interpreting various tests.

Psychology Lab

1. Steps of Report Writing (Test and Experiment)
2. Personality Assessment through HSPQ
3. Eysenck Personality Questionnaire-Revised
4. Measurement of Emotions by Facial Expression
5. Neuropsychological Assessment
6. Sentence Completion Test
7. Level of Aspiration
8. Observation Method

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B.A./ B.Sc. Psychology

Semester- II

Basic Cognitive Processes

Paper Code: BAPY201/BSPY201

1 Credit – 25 Marks

4 Credit – 100 Marks

Question Paper: 70 Marks

Internal Assessment: 30 Marks

Objective –

1. To understand the meaning, nature, and principles of attention, sensation, and perception.
2. To understand the nature and different theories of learning and also to explore the meaning, types, and models of memory.
3. To gain information about thinking and problem-solving behavior.
4. To understand the meaning, nature, and assessment methods of intelligence.

Learning Outcomes/ Course Outcomes –

By the end of the course, students will be able to:

1. Analyze and understand the concepts of sensation, attention, and perception and their role in day-to-day life.
2. Critically analyze the concepts and theories related to learning and memory.
3. Develop an understanding of processes related to thinking and problem-solving.
4. Comprehend the concept and understanding of intelligence and its measurement.

Marks distribution in the Question Paper:

The question paper (EoSE -End of Semester Examination) will consist of two parts A & B

Part A : 14 Marks

Part A will be compulsory having 10 very short answer type questions (with a limit of 20 words) of two marks each and candidate can attempt any seven questions.

Part B : 56 Marks

Part B of the question paper shall be divided into four units comprising question number 2-5. There will be one question from each unit with internal choice. Each question will carry 14 marks.



Unit- I

Attention, Sensation, and Perception: Attention-Meaning and Nature; Sensation-Meaning, Sensory Receptors, Sensory Thresholds, Habituation, and Sensory Adaptation. Perception-Meaning, Constancies-Size, Shape, and Brightness, Gestalt Principles, Factors Influencing Perception.

Unit-II

Learning and Memory: Definition and Theories-Classical Conditioning, Operant Conditioning, Cognitive Learning, Observational Learning; Memory: Definition; Encoding, Storage and Retrieval Processes; Models: Level of Processing, Parallel Distributed Processing and Information Processing- Sensory, Short-Term and Long-Term Memory; Forgetting-Nature and Causes.

Unit-III

Thinking and Problem-Solving: Mental Imagery and Concepts: Nature and Types: Problem Solving-Trial and Error, Algorithms, Heuristics, Insight; Barriers to Problem-Solving.

Unit-IV

Intelligence: Definition, and Theories of Intelligence -Binet, Spearman, Thurstone, Guilford, Cattell, Sternberg, Gardner; Meaning of IQ; Intelligence Tests: Nature and Types.

References

1. Psychology, Baron, R.A. & Misra, G. (2023)., New Delhi: Pearson Education India.
2. Psychology, Ciccarelli, S.K., White, J.N. & Misra, G. (2022). New Delhi: Pearson Education
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5. Understanding Psychology, Kalat, J.W. (2016). New York: Cengage Learning.

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B.A./ B.Sc. Psychology

Semester- II

Practical -II

Paper Code: BAPY251/BSPY251

1 Credit – 25 Marks

2 Credit – 50 Marks

Internal Examination: 20 Marks

External Examination: 30 Marks

Objective –

1. To understand the nature, significance, and different methods of studying cognitive processes.
2. To get information about various tests of Intelligence assessment.
3. To gain an understanding of experimenting with the principles of attention, perception, and memory.
4. To learn about the procedure and relevance of the Interview technique.

Learning Outcomes/ Course Outcomes –

By the end of the Course, Students will be able to:

1. Explore and comprehend the concepts, principles & methods of cognition.
2. Expanded knowledge of various assessment procedures.
3. Understand and application of psychological principles, theories & methods of different psychological areas (like learning, memory, etc.), to understand the complexity of human behavior.
4. A wide array of analytical techniques is learnt and their application methods.

Psychology Lab

1. Figure-Ground Reversal Experiment
2. Span of Attention Experiment
3. Problem-Solving Experiment
4. Human Maze Learning

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5. Experiment of Memory (Meaningful and Non-Sense Syllables using Memory Drum)
6. Measurement of Intelligence –SPM
7. Performance Test of Intelligence (Bhatia Battery)
8. Interview Method

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SYLLABUS



(Three / Four-Year Undergraduate Program)

B.A. / B.Sc.

Subject/Discipline: Psychology

III & IV Semester Examination 2026-27

As per NEP-2020

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B.A./ B.Sc. Psychology

Semester- III

Social Psychology

Paper Code: BAPY301/BSPY301

1 Credit – 25 Marks

4 Credit – 100 Marks

Question Paper: 70 Marks

Internal Assessment: 30 Marks

Objective –

1. To understand the nature, scope, and different methods of social psychology and also grasp the meaning and nature of person and social perception.
2. To understand the nature, functions, formation, changes and measurement of attitudes and the nature and origin of prejudice and discrimination.
3. To learn about the theories, determinants, prevention and control of aggressive behavior and also understand the meaning, nature, and types of social problems.
4. To learn the meaning, nature, types, and barriers of communication and the concept of interpersonal attraction.

Learning Outcomes/ Course Outcomes –

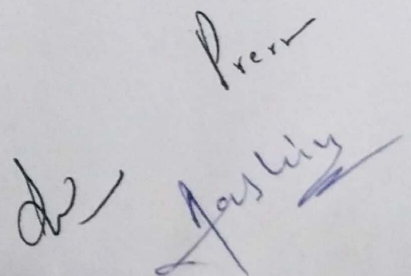
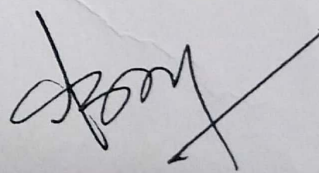
By the end of the course, students will be able to:

1. Understand the development of Social Psychology and apply the principles of Social Psychology
2. Critically appraise the concept of Attitude, its' formation, and methods to reduce Prejudice and Discrimination
3. Develop an understanding of social problems and the necessity of a peaceful society
4. Learn about the importance of verbal and non-verbal Communication and an insight of factors related to interpersonal attraction.

Marks distribution in the Question Paper:

The question paper (EoSE -End of Semester Examination) will consist of two parts A & B

Part A : 14 Marks



Part A will be compulsory having 10 very short answer type questions (with a limit of 20 words) of two marks each and candidate can attempt any seven questions.

Part B : 56 Marks

Part B of the question paper shall be divided into four units comprising question number 2-5. There will be one question from each unit with internal choice. Each question will carry 14 marks.

Unit – I

Introduction: Meaning, Nature, and Scope of Social Psychology; Methods of Social Psychology: Experimental and Non-Experimental Methods; Person Perception and Social Perception: Meaning and Nature, Role of Non-Verbal Cues; Perceivers' Characteristics and Role of Ongoing Interaction.

Unit – II

Attitudes, Prejudice, and Discrimination: Attitudes: Nature, Functions, Formation, Change, and Measurement; Prejudice and Discrimination: Nature and Origin; Reduction of Prejudice and Discrimination.

Unit – III

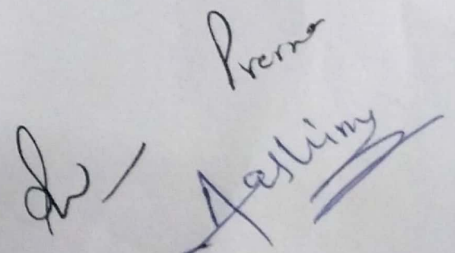
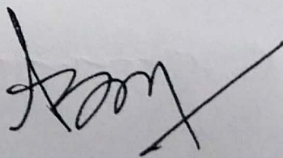
Aggression and Social Problems: Aggression-Theories, Determinants, Prevention and Control; Social Problems-Meaning and Nature; Types of Social Problems-Poverty, Deprivation, Population Explosion, Economic Development; Solutions to Social Problems.

Unit – IV

Communication and Interpersonal Attraction: Meaning, Nature, and Types: Verbal and Non- Verbal; Barriers of Communication; Interpersonal Attraction: Proximity and Affective basis, Acquaintance and Need to Affiliate; Effects of Observable Characteristics, Similarity and Mutual liking.

References

1. Exploring Social Psychology, Myers, D.G. (2022). New York: McGraw Hill.
2. Social Psychology, Branscombe, N.R. & Baron, R.A. (2022). Noida: Pearson India Education
3. Exploring Social Psychology, Myers, D.G. (2021). New York: McGraw Hill
4. समाज मनोविज्ञान की रूपरेखा, Singh, A.K. (2017).. New Delhi: Motilal Banarsidas.



B.A./ B.Sc. Psychology

Semester- III

Practical -III

Paper Code: BAPY351/BSPY351

1 Credit – 25 Marks

2 Credit – 50 Marks

Internal Examination: 20 Marks

External Examination: 30 Marks

Objective –

1. To understand the nature, significance, and different methods of studying social processes.
2. To get information about various tests of Attitude, Aggression, Social Support, etc.
3. To gain an understanding of exploring the concepts of social distancing and interpersonal attraction.
4. To learn about the procedure and relevance of Survey techniques.

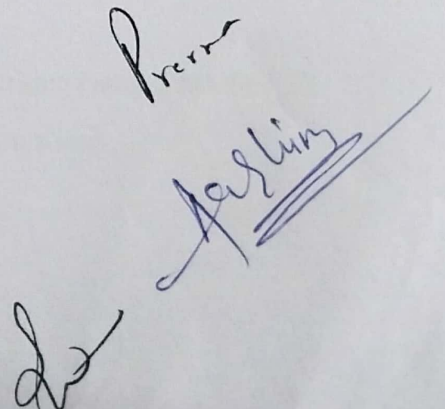
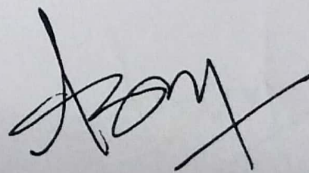
Learning Outcomes/ Course Outcomes –

By the end of the Course, Students will be able to-

1. Understand different methods of studying social processes.
2. Understanding the scientific methods to study attitude, aggression, and social Support.
3. Knowledge of various psychological measures to understand social distancing and interpersonal attraction.
4. Develop the skills for administering the survey method.

Psychology Lab

1. Measurement of Attitude
2. Measurement of Aggression
3. Measurement of Attribution Style
4. Measurement of Social Support
5. Measurement of Altruism
6. Social Distance Scale
7. Sociometric Method
8. Survey Method



B.A./ B.Sc. Psychology

Semester- IV

Abnormal Psychology

Paper Code: BAPY401/BSPY401

1 Credit – 25 Marks

4 Credit – 100 Marks

Question Paper: 70 Marks

Internal Assessment: 30 Marks

Objective –

1. To understand the meaning and indicators of abnormality.
2. To attain the concept of classification systems of mental disorders and to provide information about Mental Health Professionals.
3. To learn about the risk factors and causes of abnormal behavior.
4. To gain an understanding of the Diathesis-stress models and different perspectives of abnormality.
5. To understand the nature, types, clinical picture, and causal factors related to various mental disorders.

Learning Outcomes/ Course Outcomes –

By the end of the course, students will be able to:

1. Develop an understanding of the meaning and nature of Psychological Disorders
2. Understand the classification systems of Mental Disorders
3. Analyze and understand the clinical picture, causal factors, and treatment of various Psychological Disorders.

Marks distribution in the Question Paper:

The question paper (EoSE -End of Semester Examination) will consist of two parts A & B

Part A : 14 Marks

Part A will be compulsory having 10 very short answer type questions (with a limit of 20 words) of two marks each and candidate can attempt any seven questions.



Part B : 56 Marks

Part B of the question paper shall be divided into four units comprising question number 2-5. There will be one question from each unit with internal choice. Each question will carry 14 marks.

Unit- I

Introduction: Concept of Abnormality and Normalacy; Mental Disorder: Definition and Meaning; Indicators of Abnormality; Latest DSM and ICD Classification Systems; Mental Health Professionals.

Unit-II

Causal Factors and Perspectives: Risk Factors and Causes; Diathesis-Stress Models; Biological, Psychological and Social Perspectives.

Unit-III

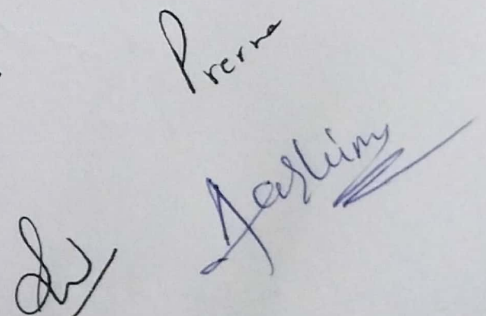
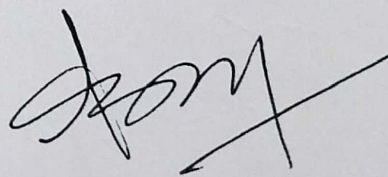
Anxiety, Obsessive Compulsive, and Mood Disorders: Types, Clinical Picture and Causal Factors; Suicide: Clinical Picture and Causal Pattern; Prevention and Intervention.

Unit-IV

Dissociative and Somatic Symptoms Disorders: Types, Clinical Picture, and Causal Factors. Schizophrenia and other Psychotic Disorders: Types, Clinical Picture, and Causal Factors.

References

1. Abnormal Psychology, Hooley, J.M., Butcher, J.N., Nock, M. K. & Mineka, S. (2019) Noida: Pearson India Education.
2. Abnormal Psychology, Oltmanns, T.F. & R.E. (2021). Noida: Pearson India Education.
3. Abnormal Psychology, Ray, W.J. (2020). New Delhi: Sage Publications.
4. Abnormal Psychology, Singh, A.K. (2017). New Delhi Motilal Banarsidass.



B.A./ B.Sc. Psychology

Semester- IV

Practical -IV

Paper Code: BAPY451/BSPY451

1 Credit – 25 Marks

2 Credit – 50 Marks

Internal Examination: 20 Marks

External Examination: 30 Marks

Objective –

1. To understand the nature, significance & different methods of studying abnormal psychology.
2. To gain information about various measurement tools for stress, anxiety, depression, mood states and coping styles.
3. To gain an understanding of risk factors related to suicide ideation.
4. To learn about the procedure and relevance of the Mental Status Examination.

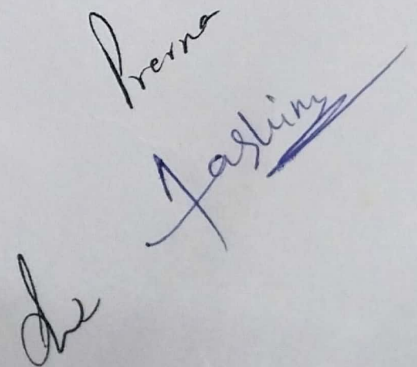
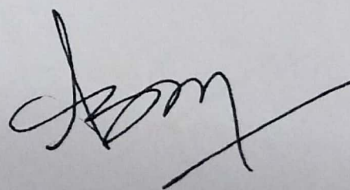
Learning Outcomes/ Course Outcomes –

By the end of the Course, Students will be able to:

1. Explore and comprehend the methods to study abnormal behaviour pattern.
2. Expanded knowledge of various measurement tools for abnormal behaviour patterns.
3. Understand the risk factors associated with suicidal tendencies.
4. the ability to assess a patient's current mental state, identify signs and symptoms of mental disorders using MSE.

Psychology Lab

1. Assessment of Mental Health
2. Assessment of State and Trait Anxiety
3. Measurement of Academic Stress
4. Measurement of Coping-Styles
5. Eight-State Questionnaire
6. Measurement of Depression
7. Suicide Ideation Scale
8. Mental Status Examination



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