

S.S. Jain Subodh P.G. College, Jaipur
(Autonomous)
VALUE ADDED COURSES
B.A/B.Sc./B.Com./ All Specializations / BBA/BCA
Semester III /IV

Title of Course	NCC-3 (Semester-III)
Credits	2
Nodal Department to run course	Coordinator of NCC
Scheme of Examinations	As per SNCCO (Concern Unit ANO can provide the marks according the Cadets preformance in NCC Training)
Max Marks Minimum Marks	50 20
Name of proposed outside Partners/Institutions/Industry/Govt. Org. etc?	NCC Unit/ NCC office, Jaipur

Course Objective of NCC

The National Cadet Corps (NCC) is one of the largest youth organizations in India, with a primary objective of developing character, discipline, and leadership qualities among the youth. One of the primary objectives of the NCC course is to develop leadership qualities among the cadets. Through various training activities, including drill exercises, obstacle courses, and team-building exercises, the course instills in its cadets the ability to lead and inspire others. Cadets are taught to make quick decisions, take responsibility, and work in teams. These leadership skills are not only beneficial during the NCC training but also in all aspects of life, be it academics, career, or personal relationships.

Syllabus (Semester-III)

Total Hours-15 (Credits-01)

Practical -30 Hours (Credits-02)

Unit	Title of Unit	Course Content	Theory Hours	Practical Hours
Unit-I	National Integration and Awareness	Freedom Struggle and Nationalist Movement in India, Problems / Challenges of National Integration. National Integration Council. Images/ Slogans for National Integration Contribution of Youth in Nation Building.	5	
Unit-II	Leadership	Leadership Traits. Types of Leadership. Effects of Leadership with historical examples. Body Language.	2	


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Unit-III	Social Awareness & Community Development	Drug Abuse & Trafficking, Civic Responsibilities, Causes & Prevention of HIV/AIDS; Role of youth, Counter Terrorism, Corruption, Social Evils viz Dowry/Female Foeticide/ Child abuse & trafficking etc, RTI & RTE, Traffic Control Org and Anti- drunken Driving, Provisions of Protection of Children from Sexual Harassment Act 2012.	3	30
Unit-IV	Health & Hygiene	Structure & functioning of the human body, Hygiene & Sanitation (Personal & Food hygiene), Physical & Mental Health, Infectious & Contagious Diseases & its prevention. Basics of Home Nursing & First-Aid in common medical emergencies, Introduction to Yoga & Exercises.	5	

Reference Books

- Bipan Chandra, Mridula Mukherjee, Aditya Mukherjee, K.N. Panikkar, & Sucheta Mahajan. (1989). *India's Struggle for Independence: 1857-1947*. Penguin Books.
- Mukherjee, R. (1988). *The Rise and Fall of the East India Company: A Sociological Appraisal*. Popular Prakashan.
- Sharma, R. K. (2004). *Leadership in Indian Organizations: Some Aspects*. Anmol Publications.
- Nanda, B. R. (2004). *In Search of Gandhi: Essays and Reflections*. Oxford University Press.
- Reddy, G. N. (2011). *Health and Hygiene: An Introduction*. Neel kamal Publications Pvt. Ltd.

Web Links

<https://indiancc.mygov.in/>
<https://nccauto.gov.in/>

Examination Scheme (Programme Evaluation Methods)

S.No.	Parameters	Max Marks
1	Entries in Daily Diary +Day Significance (During Camp)	15
2	Synopsis Project	10
3	Participation in NCC Training	10
4	Participation in Social Service and Community Development (SSCD)	15*
	Total	50

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***Evaluation of SSCD:**

S.No.	Parameters	Max Marks
1	Presentation/Video/Photographs submit with report	05
2	Participation in Puneet Sagar, Sawach Bharat, Quiz, Social Awareness and Jagrukata rally and other SSCD Activities	10
Total		15

Course Learning Outcome

Upon completing this course, students will understand the historical context of India's freedom struggle and the challenges of national integration, recognizing the role of youth in nation-building. They will analyze leadership traits and styles, understanding their impact through historical examples and effective communication, including body language. The course will address social issues such as drug abuse, terrorism, and corruption, highlighting civic responsibilities and preventive measures. Students will also explore social evils like dowry and child trafficking, understanding legal frameworks like RTI, RTE, and the Protection of Children from Sexual Offenses Act 2012. Additionally, they will learn about the human body's structure, emphasizing hygiene, sanitation, and disease prevention. Practical knowledge in home nursing and first aid will be covered, along with the promotion of physical and mental health. An introduction to yoga and exercise will encourage students to integrate wellness into their daily lives.

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