Basic Psychological Processes  
**Paper Code: PSY101 (Theory Paper -I)**

**Objective:** The paper will familiarize students with the basic psychological processes and on some important applications of Psychology.

**Unit- I**

**Unit- II**

**Unit- III**

**Unit- IV**

**Books Recommended:**
S.S.JAIN SUBODH P.G.COLLEGE (AUTONOMOUS)
RAM BAGH CIRCLE, JAIPUR-302015
B.A. /B.Sc. Three-Year Semester Scheme Outline 2015-16
B.A. /B.Sc. Psychology - Semester I

Social Psychology
Paper Code: PSY102 (Theory Paper -II)

Part -A -10Ques.and attempt any 7 questions Science 07x02M.Each =14M./ Arts 07x02M.Each=14M.
Part -B -04Ques.:(01 Q.from each unit with internal choice) Science 4x10M.Each=40M. Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.
Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70 M.
Passing Marks is 40% including CIA

Objective : To enable students to understand how individual behaviour is influenced by social and cultural contexts and understanding of social problems in terms of various social and psychological theories

Unit-I

Unit-II

Unit-III
Leadership: Definition and Functions. Types of leadership. Trait, situational and contingency approaches.

Unit-IV
Communication: Meaning, Nature and Types: verbal and non verbal. Barriers of Communication,

Books Recommended:
Practical

Paper Code: PSY103

1. Experiment of Illusion
2. Human Maze Learning
3. Measurement of leadership
4. Measurement of social perception
5. Measurement of values
Basic Psychological Processes
Paper Code: PSY201(Theory Paper -I)

Part -A -10Ques.and attempt any 7 questions Science 07x02M.Each =14M./ Arts 07x02M.Each=14M.
Part -B -04Ques.: (01 Q.from each unit with internal choice) Science 4x10M.Each=40M. Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.
Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70 M.
Passing Marks is 40% including CIA

Objective: The paper will familiarize students with the basic psychological processes and on some important application areas of Psychology

Unit- I
Memory: Definition, Encoding, Storage and Retrieval processes, Models: Levels of processing, Parallel distributed processing, information processing -sensory, STM, LTM. Forgetting -Nature and causes.

Unit- II

Unit- III

Unit- IV

Books Recommended:
Social Psychology
Paper Code: PSY202 (Theory Paper -II)

Part -A -10Ques.and attempt any 7 questions Science 07x02M.Each =14M./ Arts 07x02M.Each=14M.
Part -B -04Ques.: (01 Q.from each unit with internal choice) Science 4x10M.Each=40M. Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.

Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective : To enable students to understand how individual behavior is influenced by social and cultural contexts and understanding of social problems in terms of various social psychological theories.

Unit-I

Unit-II
Interpersonal attraction: Meaning, Determinants and Theories.

Unit-III

Unit-IV

Books Recommended :
Practical

Paper Code: PSY203

1. Experiment of Memory
2. Measurement of Intelligence
3. Experiment on Span of attention
4. Measurement of Attitude
5. Measurement of Aggression
6. Measurement of Altruism
Psychopathology
Paper Code: PSY301 (Theory Paper -I)

Part -A -10Ques.and attempt any 7 questions Science 07x02M.Each =14M./ Arts 07x02M.Each=14M.
Part -B -04Ques.: (01 Q.from each unit with internal choice) Science 4x10M.Each=40M. Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.
Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective: To acquaint the students about the concept of normality and abnormality, and make them understand the nature and course of various abnormal conditions.

Unit-I
Introduction to Psychopathology : The Concept of Normality and Abnormality: Different viewpoints. Characteristics of abnormal behaviour, Classification systems - ICD- 10,DSM IV (TR)

Unit II

Unit III


Books Recommended:
Psychological Statistics
Paper Code: PSY302 (Theory Paper -II)

Part -A -10Ques.and attempt any 7 questions Science 07x02M. Each =14M./ Arts 07x02M. Each =14M.
Part -B -04Ques.: (01 Q. from each unit with internal choice) Science 4x10M. Each =40M. Arts 4x09M. Each =36M
Total Marks of End Semester Exam = Science 54M./ Arts 50M.

Internal Assessment (CIA) = Science 21M./ Arts 20 M.
Maximum Marks = Science 75M./ Arts 70M.
Passing Marks is 40% including CIA

Objective:
To develop an understanding of various statistical techniques and be able to organize and analyze data.

Unit-I

Unit-II
Measurement of Central Tendency: Purpose and types of measures. Characteristics and computation of Mean, Median and Mode.

Unit-III
Measures of Variability: Concept of variability, Range, Quartile deviation, Average deviation, Standard deviation.

Unit- IV
Correlation: The concept of correlation, Pearson’s product moment correlation (by assumed mean and actual mean). Spearman's rank order correlation.

Books Recommended:
Garrett, H.E.- Statistics in Psychology and Education. Vakils, Feffer & Simons Ltd.
Practical

Paper Code: PSY303

1. Assessment of State and Trait Anxiety
2. Measurement of Coping Styles
3. Assessment of Family Pathology
4. Word Association test
5. Eight state Questionnaire
6. Neuropsychological Assessment
Psychopathology
Paper Code: PSY401 (Theory Paper -I)

Part -A -10Ques.and attempt any 7 questions Science 07x02M.Each =14M./ Arts 07x02M.Each=14M.
Part -B -04Ques.:(01 Q.from each unit with internal choice) Science 4x10M.Each=40M. Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.

Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective: To make students understand the nature and types of various disorders and impart knowledge about diagnosing and treating various disorders.

Unit I
Mood Disorders and Disorders due to Psychoactive Substance Use: Mood disorders: Manic Episode, Depressive Episode, Bipolar affective disorder, Treatment. Disorders due to Psychoactive Substance Use: Alcohol and Drug Dependence : Cocaine and Nicotine.

Unit II

Unit III
Clinical Intervention-Psychoanalytic, Psychodynamic therapy, Cognitive, Behaviour and Client centered Therapy.

Unit IV
Personality disorders and Mental Retardation: Concept, Cluster A : Paranoid, Schizoid; Cluster B: Antisocial, Borderline. Cluster C: Dependent personality disorder, Obsessive compulsive personality disorder. Mental Retardation : Definition, levels, etiology.

Books Recommended:
Psychological Statistics
Paper Code: PSY402 (Theory Paper -II)

Part -A -10Ques.and attempt any 7 questions Science 07×02M. Each =14M./ Arts 07×02M. Each=14M.
Part -B -04Ques.: (01 Q. from each unit with internal choice) Science 4×10M. Each=40M. Arts 4×09M. Each=36M
Internal Assessment (CIA) = Science 21M./ Arts 20 M.
Maximum Marks = Science 75M./ Arts 70M.
Passing Marks is 40% including CIA

Objective: To develop an understanding of various statistical techniques and be able to organize and analyze data. To acquire elementary knowledge about computer use in Psychology for Statistical analysis

Unit-I
Hypothesis testing and inference making: Population and sample, Types of sampling, standard error of Mean ‘t’ test (independent group), Null hypothesis. Interpretation of ‘t’ values, levels of significance.

Unit-II
Non Parametric Test: Nature and assumption; Distribution free Statistics : Chi Square Equal Probability, 2×2 Contingency tables, Median tests.

Unit- III
ANOVA: Purpose and assumption of ANOVA; one way analysis of Variance (Independent Samples).

Unit- IV
Familiarization with software and application of computers in Psychology. Preparation of data. Use of SPSS.

Books Recommended:
Garrett,H.E.-Statistics in Psychology and Education. Vakils, Feffer & Simons Ltd.
Practical

Paper Code: PSY403

1. Assessment of Mental Health
2. Measurement of Depression
3. Measurement of Psychological Well being
4. Measurement of Personality Pattern
5. Stress: Measurement and analysis of group data (Mean and Median)
6. Stress: Measurement and analysis of group data (‘t’ test)
Positive Psychology
Paper Code: PSY501 (Theory Paper -I)

Part -A -10Ques.and attempt any 7 questions Science 07x02M.Each =14M./ Arts 07x02M.Each=14M.
Part -B -04Ques.::(01 Q.from each unit with internal choice) Science 4x10M.Each=40M. Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.
Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective: The paper brings an understanding of the basic principles of Positive Psychology. The significance of this paper is to orient the students in applying these principles for self regulation.

Unit- I
Introduction: Definition, Goals and Assumptions of Positive Psychology; Relationship with other Branches of Psychology

Unit- II
Happiness: Meaning, Hedonic and Eudaemonist Viewpoint; Positive and Negative Affect, Theoretical Viewpoints; Determinants and Sources; Authentic Happiness; Enhancement of Happiness and Well Being.

Unit- III

Unit- IV
Virtues and Strengths of Character: Classification and Measures of Human Strengths , Gallup’s Clifton Strength Finder; VIA Classification; Identifying Personal Strengths.

Books Recommended:
Psychometrics
Paper Code: PSY502 (Theory Paper -II)

Part -A -10Ques.and attempt any 7 questions Science 07x02M.Each =14M./ Arts 07x02M.Each=14M.
Part -B -04Ques.: (01 Q. from each unit with internal choice) Science 4x10M.Each=40M. Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.

Objective: To acquaint the students with various psychological assessment techniques and impart skills necessary for selecting and applying tests for different purposes.

Unit- I
The need of Psychological measurement and testing. The origin of Psychological measurement and testing.

Unit- II

Unit- III
Problems in the test administration : Professional ethics, Controlling the use of Psychological Tests, Problems of Rapport and Administration.

Unit- IV
Test Construction: Theory of measurement of error (Classical theory), Drafting and Compilation of Test Items, Item Analysis. Item response theory.

Books Recommended:
Practical Paper Code: PSY503

1. Measurement of Subjective Well Being
2. Measurement of Forgiveness
3. Measurement of Emotional Intelligence
4. Measurement of Attributional Styles
5. Measurement of Happiness
Positive Psychology
Paper Code: PSY601 (Theory Paper -I)

Part -A -10Ques.and attempt any 7 questions Science 07x02M.Each =14M./ Arts 07x02M.Each=14M.
Part -B -04Ques.: (01 Q.from each unit with internal choice) Science 4x10M.Each=40M. Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.

Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective: The paper brings an understanding of the basic principles of Positive Psychology. The significance of this paper is to orient the students in applying these principles for self-regulation.

Unit- I
Resilience: Meaning and Sources; Developmental and Clinical Perspective; Successful Aging and Growth through Trauma.

Unit- II
Self Regulation and Self Control: Meaning and Theories; Planning for Self Regulation Success; Self Regulation Problems- Goal Conflict, Goal Difficulty and Goal Disengagement.

Unit- III
Mental Health and Well Being: Subjective Well Being and Life Satisfaction, Social Well Being and Psychological Well Being. Complete state Model

Unit- IV
Emotional Intelligence and Pro -Social Behavior: Emotional Intelligence ; Meaning, Components and Theories; Enhancement of Emotional Intelligence. Pro -Social Behavior: Empathy, Altruism, Gratitude and Forgiveness.

Books Recommended:
Wong, P.T.and Fry.(1998).The Human Quest for Meaning. Mahawah, New Jersey:
Lawrence, Erlbum.
Part -A -10Ques.and attempt any 7 questions Science 07x02M.Each =14M./ Arts 07x02M.Each=14M.
Part -B -04Ques.;(01 Q.from each unit with internal choice) Science 4x10M.Each=40M. Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.
Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective: To acquaint the students with various psychological assessment techniques and impart skills necessary for selecting and applying tests for different purposes.

Unit- I
Establishing the characteristics of a good test i.e. Reliability and Validity: Types, Factors and methods.

Unit- II
Standardization of Tests: Establishment of Norms, Interpretation and application of Test Scores.

Unit- III
Predictive Value of Test. Tests of Intelligence : Kinds of Intelligence Tests: Verbal Tests, Non-language tests, Performance Test. Test for measuring adult intelligence, Wescheler, SPM. Interest Test : The strong Campbell Interest Inventory, the Kuder Occupational Interest Survey, the Minnesota Vocational.

Unit- IV

Books Recommended:
Practical Paper Code: PSY603

1. Measurement of Personality by HSPQ
2. Muller Lyer Illusion
3. Measurement of Level of Aspiration
4. Two point Threshold
5. Measurement of Resilience
6. Measurement of Intelligence (SPM)