

**S.S.JAIN SUBODH P.G.COLLEGE (AUTONOMOUS)
RAM BAGH CIRCLE, JAIPUR-302015**

B.A. /B.Sc. Three-Year Semester Scheme outline 2015-16
B.A. /B.Sc. Psychology : Semester I

**Basic Psychological Processes
Paper Code: PSY101 (Theory Paper -I)**

Part -A -10Ques.and attempt any 7 questions Science 10x02M.Each =14M./ Arts 10x02M.Each=14M.
Part -B -04Ques.:(01 Q.from each unit with internal choice) Science 4x10M.Each=40M. Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.
Internal Assessment (CIA)= Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective:The paper will familiarize students with the basic psychological processes and on some important applications of Psychology

Unit- I

Introduction to Psychology: Definition, Goals and Scope of Psychology. Psychology as a science. Modern Perspectives-Psychodynamic,Behavioural,Humanistic,Cognitive,Evolutionary and Socio-cultural .Scientific methods of Psychology-Experimental, Observation, Surveys and Case study. Fields of Psychology.

Unit- II

Biological Basis of Human Behaviour :Structure and functions of Neuron. Structure and functions of the Central and Peripheral nervous system.

Unit- III

Sensation, Attention and Perception: Sensation: Meaning, sensory receptors. Attention:Meaning and characteristics of attention. Determinants of attention. Perception: Nature, Determinants and Organization of Perception. Constancies- Size, Shape and Brightness. Perceptual Illusions.

Unit- IV

Learning : Definition and types of learning. Theories: Classical conditioning, Operant conditioning, Cognitive learning and Observational learning.

Books Recommended:

Morgan, C.T. King, R.A. &Weiz, J.R., Schopler, J (1986). Introduction to General Psychology.New York : McGraw Hill.
Baron, R.A. (2003). Psychology : The Essential Science. New York :Allyn& Bacon.
Feldman, R. S (2009). Understanding Psychology. New Delhi :Tata McGraw Hill.
Gerrig,R.J.&Zimbardo. P.G. (2005). Psychology and Life. NewDelhi:Pearson Education.
Ciccarelli,S.K.andMeyer,G.E.(2006).Psychology.NewDelhi:Pearson.
Singh ,Arun Kumar (2002).Adhunik Samanya Manovigyan.NewDelhi:Motilal Banarsi Das.
Singh,R.N. (2014).Adhunik Samanya Manovigyan. Agra:Vinod Pustak Mandir.

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B.A. /B.Sc. Three-Year Semester Scheme outline 2015-16
B.A. / B.Sc. Psychology : Semester II

**Basic Psychological Processes
Paper Code: PSY201 (Theory Paper -I)**

Part -A -10Ques.and attempt any 7 questions Science 10x02M.Each =14M./ Arts 10x02M.Each =14M.
Part -B -04Ques.:(01 Q.from each unit with internal choice)Science 4x10M.Each=40M./ Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./Arts50M.
Internal Assessment (CIA)= Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective:The paper will familiarize students with the basic psychological processes and on some important application areas of Psychology

Unit- I

Memory: Definition, Encoding, Storage and Retrieval processes, Models: Levels of processing, Parallel distributed processing, information processing -sensory, STM,LTM. Forgetting -Nature and causes.

Unit- II

Motivation and Emotion : Nature, Classification of Motives. Approaches: Instinct, Drive reduction, Arousal, Incentive and Humanistic. Emotion: Nature and expression of Emotion, Physiology of emotions. Theories of Emotion : James – Lange , Cannon – Bard ,Schachter Singer and Opponent process.

Unit- III

Intelligence and Personality : Definition and Theories: Spearman, Guilford, Thurstone,Cattell, Sternberg, Gardner. Measurement of Intelligence. Determinants of Intelligence-Heredity and Environment. Emotional Intelligence. Personality : Meaning and Definition. Theories of Personality: Trait and Type approaches. Factors influencing personality. Assessment of Personality: Self report inventories, Projective tests and behavioral assessments

Unit- IV

Cognition: Thinking-Mental imagery and Concept formation, Problem Solving; Trial and error, Algorithms, Heuristics, Insight. Obstacles in problem solving.

Books Recommended:

Morgan, C.T. King, R.A. &Weiz, J.R., Schopler, J (1986). Introduction to General Psychology.New York : McGraw Hill.
Baron, R.A. (2003). Psychology : The Essential Science. New York :Allyn& Bacon.
Feldman, R. S (2009). Understanding Psychology. New Delhi :Tata McGraw Hill.
Gerrig,R.J.&Zimbardo. P.G. (2005). Psychology and Life. NewDelhi:Pearson Education.
Ciccarelli,S.K.andMeyer,G.E.(2006).Psychology.NewDelhi:Pearson.
Singh ,Arun Kumar (2002).Adhunik Samanya Manovigyan.NewDelhi:MotilalBanarsi Das.
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B.A. /B.Sc. Three-Year Semester Scheme outline 2015-16
B.A. /B.Sc. Psychology : Semester I

**Social Psychology
Paper Code: PSY102 (Theory Paper -II)**

Part -A -10Ques.and attempt any 7 questions Science 10x02M.Each =14M./ Arts 10x02M.Each =14M.
Part -B -04Ques.:(01 Q.from each unit with internal choice) Science 4x10M.Each=40M./ Arts4x09M.Each=36M
Internal Assessment (CIA) = Science 21M./Arts 20 M. Total Marks of End Semester Exam =Science 54M./ Arts50M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective : To enable students to understand how individual behaviour is influenced by social and cultural contexts and understanding of social problems in terms of various social and psychological theories

Unit-I

Introduction to Social Psychology: Meaning, Nature, Scope and Domain of Social Psychology . Relationship with other social sciences. Methods of social psychology: Observation, Interview, Sociometry.

Unit-II

Social and Person Perception : Meaning and nature of social perception. Perceptual defense. Person perception: Meaning and nature of person perception. Role of non- verbal cues.

Unit-III

Leadership: Definition and Functions. Types of leadership. Trait , situational and contingency approaches.

Unit-IV

Communication: Meaning , Nature and Types: verbal and non verbal. Barriers of Communication,

Books Recommended :

Baron, R.A., &Byrne.D. (1998). Social Psychology: New Delhi : Prentice Hall.
Myers, David, G. (1994) Exploring social Psychology : New York : McGraw Hill.
Mathur, S.S. (1980). Social Psychology, VinodPustakMandir, Agra.
Kuppuswamy, B. (1980). Social Psychology.Asia Publishing House, Mumbai.
Singh, A.K. (2001), SamajManovigyankiRuprekha, MotilalBanarsidas.
Singh, R.N. (2009). AdhunikSamajikManovigyan, Agra: Agrawal Publications.
Tirpathi, L.B. (1992). AdhunikSamajikManovigyan, Agra: National Psychological Corporation.
Sharma,O.P.(2013).AdhunikSamajikManovigyan,Jaipur: RituPrakshan.

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B.A. /B.Sc. Three-Year Semester Scheme outline 2015-16
B.A. /B.Sc. Psychology : Semester II

**Social Psychology
Paper Code: PSY202 (Theory Paper -II)**

Part -A -10Ques.and attempt any 7 questions Science 10x02M.Each =14M./ Arts 10x02M.Each =14M.
Part -B -04Ques.:(01 Q.from each unit with internal choice) Science 4x10M.Each=40M./ Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.
Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective : To enable students to understand how individual behavior is influenced by social and cultural contexts and understanding of social problems in terms of various social psychological theories.

Unit-I

Attitude, Prejudice and Discrimination: Attitude: Nature, Function, Formation and Change. Methods of measurement. Prejudices and discrimination: Meaning, Nature, Origin and Reducing prejudice and discrimination.

Unit-II

Interpersonal attraction: Meaning, Determinants and Theories.

Unit-III

Pro-Social Behaviour : Personal, Situational and Socio- cultural determinants. Models of prosocial behaviour –Empathy Altruism Hypothesis, Negative state relief model, Emphatic joy hypothesis and genetic determinism model.

Unit-IV

Aggression: Theories, determinants, prevention and control of aggression. Social problems: Meaning and nature. Types :Poverty, population explosion, unemployment,female foeticide. Solutions to social problems.

Books Recommended :

Baron, R.A., &Byrne.D. (1998). Social Psychology: New Delhi : Prentice Hall.
Myers, David, G. (1994) Exploring social Psychology : New York : McGraw Hill.
Mathur, S.S. (1980). Social Psychology, VinodPustakMandir, Agra.
Kuppuswamy, B. (1980). Social Psychology.Asia Publishing House, Mumbai.
Singh, A.K. (2001), SamajManovigyankiRuprekha, MotilalBanarsidas.
Singh, R.N. (2009). AdhunikSamajikManovigyan, Agra: Agrawal Publications.
Tirpathi, L.B. (1992). AdhunikSamajikManovigyan, Agra: National Psychological Corporation.
Sharma,O.P.(2013).AdhunikSamajikManovigyan,Jaipur: RituPrakshan.

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B.A. /B.Sc. Three-Year Semester Scheme outline 2016-17
B.A. /B.Sc. Psychology : Semester III

**Psychopathology
Paper Code: PSY301 (Theory Paper -I)**

Part -A -10Ques.and attempt any 7 questions Science 10x02M.Each =14M./ Arts 10x02M.Each =14M.
Part -B -04Ques.:(01 Q.from each unit with internal choice) Science 4x10M.Each=40M./ Arts4x09M.Each=36M
Internal Assessment (CIA) = Science 21M./Arts 20 M. Total Marks of End Semester Exam =Science 54M./ Arts50M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective: To acquaint the students about the concept of normality and abnormality, and make them understand the nature and course of various abnormal conditions.

Unit-I

Introduction to Psychopathology : The Concept of Normality and Abnormality: Different viewpoints. Characteristics of abnormal behaviour, Classification systems - ICD- 10,DSM IV (TR)

Unit II

Symptomatology and Etiology of abnormal behaviour : Cognitive, Connative and Affective symptoms. Behavioural, Psycho-Social and Socio-Cultural causes.

Unit III

Psychological Assessment : Diagnostic Tests -Intelligence, Neuropsychological, Personality. Rating Scales, Interview, Projective Tests.

Unit IV

Anxiety and Somatoform Disorders : Anxiety: Nature, clinical picture and types. Generalized anxiety and panic disorder. Phobias and Obsessive Compulsive Disorders. Somatoform Disorders : Conversion, Somatization, Hypochondriasis, Treatment.

Books Recommended:

Sarason,I.G.&Sarason,B.R.(2005)- Abnormal psychology. New Delhi,Pearson.
Carson,R.C.Butcher,J.N.andMineka,S.(1996).-Abnormal Psychology and Modern Life.NY:HarperColins.
Singh, A.K.(2006)-AdhunikAsamanyaMonovigyan.MotiLalBanarsi Das.
Sharma,O.P.(2010)-ManovikratiVigyan,RituPrakashan.

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B.A. /B.Sc. Three-Year Semester Scheme outline 2016-17
B.A. /B.Sc. Psychology : Semester IV

**Psychopathology
Paper Code: PSY401 (Theory Paper -I)**

Part -A -10Ques.and attempt any 7 questions
Part -B -04Ques.:(01 Q.from each unit with internal choice)

Science 10x02M.Each =14M./ Arts 10x02M.Each =14M.
Science 4x10M.Each=40M./ Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.

Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective: To make students understand the nature and types of various disorders and impart knowledge about diagnosing and treating various disorders.

Unit I

Mood Disorders and Disorders due to Psychoactive Substance Use: Mood disorders: Manic Episode, Depressive Episode, Bipolar affective disorder, Treatment. Disorders due to Psychoactive Substance Use : Alcohol and Drug Dependence : Cocaine and Nicotine.

Unit II

Schizophrenia: Meaning, clinical symptoms, types and treatment.

Unit III

Clinical Intervention-Psychoanalytic, Psychodynamic therapy, Cognitive, Behaviour and Client centered Therapy.

Unit IV

Personality disorders and Mental Retardation: Concept, Cluster A : Paranoid, Schizoid; Cluster B : Antisocial, Borderline. Cluster C : Dependent personality disorder, obsessive compulsive personality disorder. Mental Retardation : Definition, levels, etiology.

Books Recommended:

Sarason,I.G.&Sarason,B.R.(2005)- Abnormal psychology. New Delhi,Pearson.
Carson,R.C.Butcher,J.N.andMineka,S.(1996).-Abnormal Psychology and Modern Life.NY:HarperColins.
Singh, A.K.(2006)-AdhunikAsamanyaMonovigyan.MotiLalBanarsi Das.
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B.A. /B.Sc. Three-Year Semester Scheme outline 2016-17
B.A. /B.Sc. Psychology : Semester III

**Psychological Statistics
Paper Code: PSY302 (Theory Paper -II)**

Part -A -10Ques.and attempt any 7 questions Science 10x02M.Each =14M./ Arts 10x02M.Each =14M.
Part -B -04Ques.:(01 Q.from each unit with internal choice) Science 4x10M.Each=40M./ Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.
Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA

Objective:

To develop an understanding of various statistical techniques and be able to organize and analyze data.

Unit-I

Introduction to statistics: Meaning and Scope of Statistics. Application of Statistics in Psychology. Nature and levels of measurement-categorical and continuous variables. Drawing of frequency distribution;
Graphical representation of grouped data : Frequency Polygon, Histogram

Unit-II

Measurement of Central Tendency : Purpose and types of measures. Characteristics and computation of Mean, Median and Mode.

Unit-III

Measures of Variability : Concept of variability, Range, Quartile deviation, Average deviation, Standard deviation.

Unit- IV

Correlation : The concept of correlation, Pearson's product moment correlation (by assumed mean and actual mean).Spearman's rank order correlation.

Books Recommended :

Garrett,H.E.-Statistics in Psychology and Education. Vakils, Feffer&Simons Ltd.
Minium,E.W.King,B.M&Bear,G.(1993).Statistical Reasoning in Psychology and Education,New York.
Mangal,S.K.-Statistics in Psychology and Education.TataMc.Graw Hill.
Guilford,J.P.-Fundamental Statistics in Psychology and Education. Tata Mc.Graw Hill.
Bhatia,Taresh (2004)-Modern Psychological Statistics.Orai,LavaniyaPrakashan.

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B.A. /B.Sc. Three-Year Semester Scheme outline 2016-17
B.A. /B.Sc. Psychology: Semester IV

Psychological Statistics

Paper Code: PSY402 (Theory Paper -II)

Part -A -10Ques.and attempt any 7 questions
Part -B -04Ques.:(01 Q.from each unit with internal choice)
Internal Assessment (CIA) = Science 21M./Arts 20 M.
Maximum Marks = Science 75M./Arts 70M.
Passing Marks is 40% including CIA
Science 10x02M.Each =14M./ Arts 10x02M.Each =14M.
Science 4x10M.Each=40M./ Arts4x09M.Each=36M
Total Marks of End Semester Exam =Science 54M./ Arts50M.

Objective: To develop an understanding of various statistical techniques and be able to organize and analyze data. To acquire elementary knowledge about computer use in Psychology for Statistical analysis

Unit-I

Hypothesis testing and inference making: Population and sample, Types of sampling, standard error of Mean 't' test (independent group), Null hypothesis. Interpretation of 't' values, levels of significance.

Unit-II

Non Parametric Test : Nature and assumption; Distribution free Statistics : Chi Square Equal Probability, 2x2 Contingency tables), Median tests.

Unit- III

ANOVA :Purpose and assumption of ANOVA; one way analysis of Variance (Independent Samples).

Unit- IV

Familiarization with software and application of computers in Psychology. Preparation of data. Use of SPSS.

Books Recommended :

Garrett,H.E.-Statistics in Psychology and Education. Vakils, Feffer&Simons Ltd.
Minium,E.W.King,B.M&Bear,G.(1993).Statistical Reasoning in Psychology and Education,New York.
Mangal,S.K.-Statistics in Psychology and Education.TataMc.Graw Hill.
Guilford,J.P.-Fundamental Statistics in Psychology and Education. Tata Mc.Graw Hill.
Bhatia,Taresh (2004)-Modern Psychological Statistics.Orai,LavaniyaPrakashan.

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B.A. /B.Sc. Three-Year Semester Scheme outline 2015-16
B.A. /B.Sc. Psychology : Semester I

Practical

Paper Code: PSY103

1. Experiment of Illusion
2. Human Maze Learning
3. Experiment on Span of attention
4. Measurement of leadership
5. Measurement of social perception
6. Measurement of values

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B.A. /B.Sc. Three-Year Semester Scheme outline 2015-16
B.A. /B.Sc. Psychology : Semester II

Practical

Paper Code: PSY203

1. Experiment of Memory
2. Measurement of Intelligence
3. Experiment on Span of attention
4. Measurement of Attitude
5. Measurement of Aggression
6. Measurement of Altruism

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B.A. /B.Sc. Three-Year Semester Scheme outline 2016-17
B.A. /B.Sc. Psychology : Semester III

Practical

Paper Code: PSY303

1. Assessment of State and Trait Anxiety
2. Measurement of Coping Styles
3. Assessment of Family Pathology
4. Word Association test
5. Eight state Questionnaire
6. Neuropsychological Assessment

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B.A. /B.Sc. Three-Year Semester Scheme outline 2016-17
B.A. /B.Sc. Psychology : Semester IV

Practical

Paper Code: PSY403

1. Assessment of Mental Health
2. Measurement of Depression
3. Measurement of Psychological Well being
4. Measurement of Personality Pattern
5. Stress: Measurement and analysis of group data (Mean and Median)
6. Stress: Measurement and analysis of group data ('t' test)