

CBCS Scheme for Bachelor of Arts/Science (B.A./B.Sc.) Pass Course

Semester	Subject/ Discipline(DSC/ DSE) (credits)	Generic Elective (GE) (credits)	Ability Enhancement Course (AECC) (credits)	Skill Enhancement Course (SEC) (credits)	Internship/ Apprentice- ship/Project / Community Outreach	Value addition course (VAC) (credits)	Total Credits
I	DSC-1 (2)		English (2)			Choose one from a pool of courses (0)	20 credits
	DSC-2 (2)						
	DSCP (2)						
II	DSC-1 (2)		Hindi (2)			Choose one from a pool of courses (0)	20 credits
	DSC-2 (2)						
	DSCP (2)						
Students on exit shall be awarded Undergraduate Certificate in Arts/Science after securing the requisite 40 credits in Semesters I and II							40+4
III	DSC-1 (2)	Choose one from pool of courses, GE -1 (2)**		Computer Science (2)		Choose one from a pool of courses (0)	22 credits
	DSC-2 (2)						
	DSCP (2)						
IV	DSC-1 (2)	Choose one from pool of courses, GE -1(2)**		Env.Sc. and Sustainable Dev. (2)		Choose one from a pool of courses (0)	22 credits
	DSC-2 (2)						
	DSCP (2)						
Students on exit shall be awarded Undergraduate Diploma in Arts/Science after securing the requisite 84 credits on completion of Semester IV							84+4
V	Choose two from pool of courses. DSE – 1 (2)			Mental ability & reasoning (2)			20 credits
	DSE – 2 (2)						
	Project (2)						
	DSEP (2)						
VI	Choose two from pool of courses. DSE -1(2)			Anandam - Joy of giving (2) or NCC/NSS/ Rovers and Rangers/ Red Ribbon Club/ Sports/ Extra- curricular and co-curricular activities (2)			20 credits
	DSE – 2 (2)						
	Project (2)						
	DSEP (2)						
Students on exit shall be awarded Bachelor of Arts/Science (3 years) after securing the requisite 124 credits on completion of Semester VI							124+4

** Students may select Generic elective paper in Semester III and IV from the pool of courses given. The GE paper must be from the other faculty or discipline. A Project/Dissertation work would be of 2 credits. A Project/Dissertation work will be given in lieu of a discipline specific elective paper.

Department of Psychology

B.A./ B.Sc. (Pass Course), Semester I-VI, 2023-2026

Credit Template: CBCS

Code	Course Title/Paper	Course Type	Contact Hrs/Week	Credits	ESE Duration Hrs.	
					T	P
SEMESTER I						
PSY101	Basic Psychological Processes	DSC-1	2T	2	3	
PSY102	Social Psychology	DSC-2	2T	2	3	
PSY103	Practical	DSC-3	4P	2	-	4
SEMESTER II						
PSY201	Basic Psychological Processes	DSC-1	2T	2	3	
PSY202	Social Psychology	DSC-2	2T	2	3	
PSY203	Practical	DSC-3	4P	2	-	4
SEMESTER III						
PSY301	Abnormal Psychology	DSC-1	2T	2	3	
PSY302	Psychological Statistics	DSC-2	2T	2	3	
PSY303	Practical	DSC-3	4P	2	-	4
SEMESTER IV						
PSY401	Abnormal Psychology	DSC-1	2T	2	3	
PSY402	Psychological Statistics	DSC-2	2T	2	3	
PSY403	Practical	DSC-3	4P	2	-	4
SEMESTER V						
(Any 2 Theory Papers)						
PSY501	Psychometrics	DSE-1	2T	2	3	
PSY502	Positive Psychology	DSE-2	2T	2	3	
PSY503	Health Psychology	DSE-3	2T	2	3	
PSY504	Project	DSE-4	2T	2	-	4
PSY505	Practical	DSEP-4	4P	2	-	4
SEMESTER VI						
(Any 2 Theory Papers)						
PSY601	Psychometrics	DSE-1	2T	2	3	
PSY602	Positive Psychology	DSE-2	2T	2	3	
PSY603	Health Psychology	DSE-3	2T	2	3	
PSY604	Project	DSE-4	2T	2	-	4
PSY605	Practical	DSEP-4	4P	2	-	4

In Fifth Semester and Sixth Semester, students can choose any two electives. Department will offer two theory elective courses for the semester based on options submitted by students and availability of faculty to teach the course.



**S. S. Jain Subodh P.G. College (Autonomous)
Jaipur**

DEPARTMENT OF PSYCHOLOGY

Three Year Undergraduate Programme in Arts/Science

**I & II Semester Examination 2023-24
(Syllabus as per NEP-2020 and Choice Based Credit System)
w.e.f. Academic Session 2023-24**

**III & IV Semester Examination 2024-25
V & VI Semester Examination 2025-26
(Syllabus as per Old Scheme)**

Program Specific Outcomes (PSOs)

After completion of the program the student will be able to:

PSO1: Develop sound knowledge about the fundamental concepts in Psychology related to various sub fields of Psychology.

PSO2: Develop critical thinking skills and distinguish between concepts studied in different courses.

PSO3: Apply appropriate concepts and methods of Psychology to solve problems.

PSO4: Develop positive attributes such as empathy, compassion, effective communication skills like listening, speaking and observational skills.

PSO5: Be committed towards the health and wellbeing of different stakeholders.

PSO6: Appreciation and tolerance towards different behavioural patterns.

PSO7: Analyze social problems, social dynamics and create solutions to manage them effectively.

PSO8: Develop a strong theoretical foundation of research methodology used in Psychology and apply the knowledge to conduct research in an ethical way.

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B.A./B.Sc.Psychology
Three-YearSemesterSchemeOutline2023-24

Semester I

Basic Psychological Processes
Paper Code:PSY101
(Theory Paper-I)

Part-A-Very Short Questions -10 Ques.and attemptany7questions07x01M.each=07M.

Part-B-04 Ques.fromeachunitwithinternalchoice 04x07M.each=28M.

TotalMarksofEndSemesterExam=35M.

InternalAssessment(CIA) = 15M.

MaximumMarks=50M.

PassingMarksis40%includingCIA

Credits: 02

Contact Hours: 3H/Week

Objective: The paper will familiarize students with the basic psychological processes and on some important applications of Psychology

Course Outcomes: On completion of the course, the students will be able to:

CO1: Define and differentiate among various subfields of Psychology. Distinguish between different scientific methods that are used to carry out a scientific inquiry in psychology. .

CO2: Recognize the influence of biological factors on human behavior.

CO3: Differentiate between the cognitive processes such as sensation, attention and perception.

CO4: Identify various components of learning. Describe different theories of learning.

CO5: Understand memory process and causes of forgetting.

Syllabus

Unit-I

(08 Hrs.)

Introduction to Psychology: Definition,Goals and Scope of Psychology.Psychology as aScience.

History: Structuralism, Functionalism, Behaviorism, Gestalt and Psychoanalysis. ModernPerspectives: Biological, Psychodynamic,Behavioural, Humanistic,Cognitive,Evolutionary and Socio-Cultural .Scientific methods of Psychology-Experimental, Observation,Surveysand Casestudy.Fields ofPsychology.

Unit-II

(07 Hrs.)

Biological Basis of Human Behaviour: The Nervous System: Structure and Functions ofNeuron. Structureand Functionsof theCentral and Peripheral Nervous System.

Unit-III

(08 Hrs.)

Sensation, Attention and Perception: Sensation: Meaning, Sensory Receptors, Sensory Thresholds,Habituation and Sensory Adaptation. Attention: Meaning and characteristics of attention. Determinants of Attention.

Perception: Nature, Determinants and Organization of Perception. Constancies-Size, Shape and Brightness. Perceptual Illusions. Application: Techniques of Improving Concentration

Unit-IV

(07 Hrs.)

Learning and Memory: Definition and Types of Learning. Theories: Classical Conditioning, Operant Conditioning, Cognitive Learning and Observational Learning. Memory: Definition, Encoding, Storage and Retrieval Processes, Models: Levels of Processing, Parallel Distributed Processing, Information Processing- Sensory, STM, LTM. Forgetting – Nature and Causes.

Books Recommended:

Ciccarelli, S.K., White, J.N. & Misra, G. (2017). *Psychology*. New Delhi: Pearson Education India.

Baron, R.A. & Misra, G. (2015). *Psychology*. New Delhi: Pearson Education India.

Gerrig, R.J., Zimbardo, P.G., Svartol, F., Brennen, T., Donaldson, R. & Archer, T. (2013). *Psychology and Life*. New Delhi: Pearson Education.

Morgan, C.T. King, R.A. & Weiz, J.R., Schopler, J (1986). *Introduction to General Psychology*. New York : McGraw Hill.

सिंह, ए.के. (2002), आधुनिक सामान्य मनोविज्ञान, नई दिल्ली, मोतीलाल बनारसीदास।

सिंह, आर. एन. (2014), आधुनिक सामान्य मनोविज्ञान, आगरा: विनोद पुस्तक मंदिर।

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B.A./B.Sc.Psychology
Three-YearSemesterSchemeOutline2023-24

Semester I

SocialPsychology

PaperCode:PSY102
(TheoryPaper-II)

Part-A-Very Short Questions -10 Ques. and attemptany7questions.07x01M.each=07M.

Part-B-04 Ques. fromeachunitwithinternalchoice04x07M.each=28M.

TotalMarksofEndSemesterExam=35M.

InternalAssessment(CIA) = 15M.

MaximumMarks=50M.

PassingMarksis40%includingCIA

Credits: 02

Contact Hours: 3H/Week

Objective:To enable studentsto understandhow individualbehavior isinfluenced bysocial and cultural contexts and understanding of social problems in terms of various social andpsychologicaltheories.

Course Outcomes: On completion of the course, the students will be able to:

CO1: Demonstrate fundamental knowledge about need and domains of Social Psychology. Be aware of the brief history and relationship of Social Psychology with other fields.

CO2: Describe different social processes of social dynamics.

CO3: Identify and utilize social cues to make judgments about people.

CO4: Understand different types and theories of leadership.

CO5: Effective use of communication.

Syllabus

Unit-I

(08 Hrs.)

Introduction to Social Psychology: Meaning, Nature, Scope and Domain of Social Psychology.Relationship with other Social Sciences. Methods of Social Psychology: Observation, Interview,Sociometry.

Unit-II

(08 Hrs.)

Social and Person Perception: Meaning and nature of social perception. Perceptual defense.Personperception: Meaningand natureofpersonperception. Roleofnon-verbal cues.Perceivers'Characteristicsand Role of Ongoing Interaction. Perspectives on Development of Gender and Gender Identity.

Unit-III (07 Hrs.)

Leadership: Definition and Functions. Types of leadership. Trait, Situational and Contingency approaches.

Unit-IV

(07 Hrs.)

Communication: Meaning, Nature and Types: Verbal and Non Verbal. Barriers of Communication.

Books Recommended:

Baron, R.A., Branscombe, N.R., Byrne, D. & Bhardwaj, G. (2012). *Fundamentals of Social Psychology*, Noida: Dorling Kindersley South Asia.

Branscombe, N.R., Baron, R.A. (2018) *Social Psychology*. Noida: Pearson India Education.

Myers, D.G. (1994). *Exploring Social Psychology*. New York: McGraw Hill.

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B.A./B.Sc.Psychology
Three-YearSemesterSchemeOutline2023-24

Semester I

Practical
Paper Code: PSY103

Internal Examination -20M
External Examination -30M

Credits: 02
Contact Hours: 4H/Week

Practicals

1. Experiment of Illusion
2. Human Maze Learning
3. Measurement of Leadership
4. Measurement of Social Perception
5. Experiment of Span of Attention
6. Experiment of Memory (Meaningful and Non Sense Syllables)
7. Reaction Time
8. Observation Method

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B.A./B.Sc.Psychology

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Semester II

BasicPsychologicalProcesses

PaperCode:PSY201

(TheoryPaper-I)

Part -A-Very Short Questions -10 Ques.and attempt any 7 questions 07x01M.each=07M.

Part -B -04 Ques. from each unit with internal choice 04x07M.each=28M.

Total Marks of End Semester Exam = 35M.

Internal Assessment (CIA) = 15M.

Maximum Marks = 50M.

Passing Marks is 40% including CIA

Credits: 02

Contact Hours: 3H/Week

Objective: Thepaperwillfamiliarizestudentwiththebasicpsychologicalprocessesandon someimportant application areas of Psychology.

Course Outcomes: On completion of the course, the students will be able to:

CO1: Understand the motive behind behavior.

CO2: Explain the emotional expression of oneself and others and the physiological aspects.

CO3: Explain different types of intelligence processes which can help in understanding different behaviours which are related to intelligence

CO4: Analyze different types of personality traits which can be beneficial in dealing with human behaviour

CO5: Critically evaluate different types of personality theories effectively

CO6: Construct an action plan based on SWOT analysis for one's life

Syllabus

Unit-I

(07 Hrs.)

Motivation and Emotion: Nature, Classification of Motives. Approaches: Instinct, DriveReduction,Arousal,IncentiveandHumanistic.Emotion- Elements: Physiology, Expressionof Emotions,Emotion and Subjective Experience. Theories of Emotion: James – Lange, Cannon – Bard, SchachterSingerand Opponent process.

Unit-II

(08 Hrs.)

Intelligence:Definition and Theories: Spearman, Guilford, Thurstone , Cattell,Sternberg, Gardner.Measurement of Intelligence. Determinants ofIntelligence-Heredity andEnvironment. Emotional Intelligence.

Unit-III**(08 Hrs.)**

Personality: Meaning and Definition. Theories of Personality: Trait and Type Theories-Allport, Cattell, McCrae and Costa. Factors influencing Personality. Assessment of Personality: Self report inventories, Projective tests and Behavioral Assessments. SWOT Analysis

Unit-IV**(07 Hrs.)**

Cognition: Thinking-Mental Imagery and Concept formation, Creative Thinking, Lateral Thinking- Six Thinking Hats Techniques. Problem Solving: Trial and Error, Algorithms, Heuristics, Insight. Obstacles in Problem Solving.

Books Recommended:

Ciccarelli, S.K., White, J.N. & Misra, G. (2017). *Psychology*. New Delhi: Pearson Education India.

Baron, R.A. & Misra, G. (2015). *Psychology*. New Delhi: Pearson Education India..

Gerrig, R.J., Zimbardo, P.G., Svartol, F., Brennen, T., Donaldson, R. & Archer, T. (2013). *Psychology and Life*. New Delhi: Pearson Education.

Morgan, C.T. King, R.A. & Weiz, J.R., Schopler, J (1986). *Introduction to General Psychology*. New York : McGraw Hill.

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B.A./B.Sc.Psychology
Three-Year Semester Scheme Outline 2023-24

Semester II

Social Psychology
Paper Code: PSY202
(Theory Paper-II)

Part -A- Very Short Questions -10 Ques. and attempt any 7 questions 07x01M.each=07M.
Part -B -04 Ques. from each unit with internal choice 04x07M.each=28M.

Total Marks of End Semester Exam = 35M.

Internal Assessment (CIA) = 15M.

Maximum Marks = 50M.

Passing Marks is 40% including CIA

Credits: 02

Contact Hours: 3H/Week

Objective: To enable students to understand how individual behavior is influenced by social and cultural contexts and understanding of social problems in terms of various social psychological theories.

Course Outcomes: On completion of the course, the students will be able to:

CO1: Analyze different attitudes and causes of prejudices and accordingly be able to suggest appropriate measures to control them.

CO2: Differentiate different kinds of relationship patterns of interpersonal attraction.

CO3: Examine different theories of aggression.

CO4: Justify why a pro-social behavior happens differently in different situations.

CO5: Propose appropriate preventive measures dealing with aggression.

Syllabus

Unit-I

(08 Hrs.)

Attitude, Prejudice and Discrimination: Attitude: Nature, Function, Formation and Change. Methods of measurement. Prejudices and discrimination: Meaning, Nature, Origin and Reducing prejudice and discrimination.

Unit-II

(07 Hrs.)

Interpersonal attraction: Meaning, Determinants and Theories. Rejection- Effects and Causes of Rejection. Loneliness and Jealousy. Unrequited Love. Maintaining Relationships- Investment Theory

Unit-III

(08 Hrs.)

Pro-Social Behaviour: Personal, Situational and Socio-Cultural Determinants. Models of Prosocial Behaviour – Empathy Altruism Hypothesis, Negative State Relief Model, Emphatic Joy Hypothesis and Genetic Determinism Model.

Unit-IV

(07 Hrs.)

Aggression: Theories, Determinants, Prevention and Control of Aggression. Social problems: Meaning and Nature. Types: Poverty, Population Explosion, Unemployment, Female Foeticide. Solutions to Social Problems.

Books Recommended:

Baron, R.A., Branscombe, N.R., Byrne, D. & Bhardwaj, G. (2012). *Fundamentals of Social Psychology*, Noida: Dorling Kindersley South Asia.

Branscombe, N.R., Baron, R.A. (2018). *Social Psychology*. Noida: Pearson India Education.

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Semester II

Practical
Paper Code: PSY203

Internal Examination -20M
External Examination -30M

Credits: 02
Contact Hours: 4H/Week

Practicals

1. Measurement of Personality
2. Measurement of Intelligence
3. Measurement of Emotions by Facial Expressions
4. Measurement of Motivation
5. Measurement of Attitude
6. Measurement of Aggression
7. Measurement of Altruism
8. Interview Method

