



Subodh Newsletter



Happy New Year...

January | 2018

Happy New Year...

Editorial

The bells of the new year are knocking at the door, reminding us of the new promises and resolutions that we need to make to ourselves. For Subodh, these resolutions are grounded on an achievement, which has planted in our hearts not just a sense a contentment at the realization of efforts but a new hope and strength to keep going and touching new heights of success. The year 2017 ended on a very positive note with re-accreditation of college with A++ Grade by NAAC UGC and grant of CGPA of 3.82, the highest in India. While these acknowledgements have brought us all into a celebratory mode, they will also serve as a constant reminder of the expectations the academic world has from us.

With this special new year edition, we wish to extend our greetings to all in the form of a promise that what we have achieved in 2017 is only a step towards a realization that we have more goals to achieve, more dreams to accomplish and more expectations to fulfil.

Wish you all another fulfilling, joyous and prosperous New Year-2018!!!

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In case of any queries/ suggestions, mail to editors.subodh@gmail.com

Certificate of Accreditation

The Executive Committee of the National Assessment and Accreditation Council on the recommendation of the duly appointed Peer Team is pleased to declare the S. S. Jain Subodh PG (P.G.) College (Autonomous), Bangalore Circle, Hooper, affiliated to University of Rajasthan, Rajasthan as **Accredited** with **CGPA of 3.82 on seven point scale** at **A++** grade valid up to October 30, 2022.

Quality Profile

Criteria	Weightage (%)	Obtained score (out of 100)	Obtained grade (out of 4)
I. Curricular Aspects	100	70	3.50
II. Teaching Learning and Evaluation	300	110	3.67
III. Research, Consultancy and Extension	150	50	3.33
IV. Infrastructure and Learning Resources	300	170	3.70
V. Student Appraisal and Progression	100	60	4.00
VI. Governance, Leadership & Management	300	170	3.70
VII. Innovation and Best Practices	100	70	3.70
Total	1000	600	3.82

Graded as **A++**

From the Principal's Desk



Roads to success are built on the learnings from the past and our recent achievement is no exception to this. Subodh college has been re-accredited with A++ grade with the highest CGPA of 3.82 in India, thus testifying once again its utter belief in imparting quality education and nurturing global excellence. Despite our strong emphasis on perfection, we never allowed ourselves to become complacent with the grant of A+ grade and highest CGPA of 3.72 in Northern India in 2011 and wanted to re-assess our

efforts. Over the span of last six years, we allowed ourselves to think big, dream high and achieve the extraordinary so as move a step ahead from where we were. From annual scheme to autonomous, the developments have been major and many and the grant of A++ grade has made us more confident of our existence and participation in the field of education for a role much bigger than just imparting knowledge, but of bringing a change in the society at large.

All sincere efforts are rewarded and the recent award of A++ grade is an acknowledgment of our dedicated efforts. I am thankful to the almighty for guiding us all throughout in our paths towards distinction and for blessing this institution with most encouraging mentors and hardworking team members who participated whole heartedly to make this dream become a reality. This achievement would not have been possible without the unflinching faith and support of the Management and the dedicated and diligent efforts of the Subodh academic fraternity. Words are failing me in expressing the joy I feel today but the mind is more determined than being joyous, to fulfil the huge responsibility entrusted further upon this institution. I am sure this progressive journey will lead us further to many more such milestones of success.

Achiever's Bay

Awards and Honours

- ◆ The Principal, Prof. K. B. Sharma was invited for a presentation in the National Conference on "Autonomy in Education : Challenges and Prospects" organized by the Education and Cultural Upliftment Trust on 18-19 November 2017. He was also felicitated on the occasion.



Invited Lecture by Prof. K.B. Sharma

- ◆ Prof. K.B. Sharma, was also felicitated by the Mega Skill Employment and Entrepreneurship Department, Sub-regional Employment Office, Jaipur District, for achieving highest grading (A++) in third NAAC re-accreditation cycle with 3.82 CGPA, highest in the entire country.



Felicitations of Prof. K. B. Sharma

Campus Buzz

"The 2017 India Africa ICT Summit" was organized by the college in association with Ministry of Electronics and Information Technology, Govt of India; Computer Society of India; Public Opinions International, Uganda and Innovation Society, AADC. During the event, the college was honoured with India Africa ICT Excellence Award 2017 for achievement and contribution in the field of "Higher Education Research and Development". On behalf of the college, Prof R.R Sinha and Mr. Ashish C Swami received the Excellence Award.



Prof R.R Sinha and Mr. Ashish C Swami receiving Excellence Award

A two day National conference on Goods and Service Tax in Indian Context was organized on 24 and 25 November 2017 in the college. The inaugural session was presided over by Shri S.S. Bothra, Honorary Secretary, Subodh Shiksha Samiti. The chief guest was Shri Pawan Parashar, C.A. and former President ICAI, Jaipur chapter. Several delegates from across the country got registered for the conference and presented their papers. A panel discussion was also carried out by



National conference on Goods and Service Tax in Indian Context

advocate Shri Siddharth Ranka, Prof. Shri C.K.Shah and C.A. Shri Yashasvi Sharma. The chief guest of the valedictory function was Dr. K.L. Jain, Honorary Secretary General, Rajasthan Chamber of Commerce & Industry, Jaipur who not only gave his expert views on the topic but also appreciated the pro-activeness of the college in organizing a conference on such a contemporary topic.

Achiever's Bay

Awards and Honours

- ◆ For the promotion of Research Center outreach activities of Department of Computer Science, Prof. R. R. Sinha has been appointed as member of Board of Advisors of Vee Eee Technologies Pvt. Ltd., Chennai, Tamil Nadu.
- ◆ Dr. Preeti Srivastava, Department of Zoology received a state level award by State Health Minister, Shri Kali Charan Saraf, for Red Ribbon club activities.



Dr. Preeti Srivastava receiving the State Level Award

- ◆ Dr. Rita Jain, Department of ABST received the 'Pink City Pride Award' by White Box Media for excellence in the field of Education



Dr. Rita Jain receiving the Pink city Pride Award

- ◆ Dr. Kapil Kr. Anand, Department of Political Science presided over the inaugural session of National Level Youth Development Camp, 2017 organized by Hamari Udhan Apno Ke Liye Seva Sansthan (NGO) Pali, Rajasthan.



Dr. Kapil Kr. Anand at Youth Development Camp

Campus Buzz



Programme on the occasion of 150th birth anniversary of Sister Nivedita

On the occasion of 150th birth anniversary of Sister Nivedita, a programme was organized in the college. Minister of Higher education (Rajasthan), Mrs. Kiran Maheshwari was the chief guest of the programme. Dr. Manju Sharma, regional *Kaaryavaahika*, *Rashtra Sewika Samiti* delivered a lecture on the life of sister Nivedita and motivated the youth to serve their nation.



Guru Shishya Samvad

The honorable Minister of Higher Education (Rajasthan) Smt. Kiran Maheshwari launched the new scheme *Guru-Shishya Samwad* at the college. In the presence of the honorable minister and Higher Education Commissioner Shri Ashutosh AT Pednekar, the students of eleven different colleges of Rajasthan shared their problems. The minister instructed the officials to duly address the requirements.

On 25 October 2017, a session of Master training on spoken tutorial was organized in the college by Commissionerate of college education, Rajasthan in collaboration with IIT, Bombay. The representatives of more than 49 colleges participated in this session and gained knowledge about special technical skills.

A written quiz competition on Legal Rights of Women, sponsored by National Women Commission was organized in the college on 11 November 2017. More than 150 students participated in the competition. Dr. Kiran Maheshwari, Minister (Higher Education), Government of Rajasthan gave away the prizes. Shoukat Ali Khan, B.A-V Semester received the first prize and Aman Parmar, B.Com I Semester bagged the second prize.

Campus Buzz

- ◆ Dr. R.K.Sharma, Dean Administration was awarded the Shikshak Shree Samman by Navbharat Memorial Foundation.



Felicitatation of Dr. R. K. Sharma

- ◆ Dr. Rajesh Yadav, Department of Zoology and Dr. Balram Tripathi, Department of Physics were awarded the Research Shree Samman by Navbharat Memorial Foundation.



Felicitatation of Dr. Rajesh Yadav

- ◆ Dr. S. P. Kothari and Dr. Bharat Pareek, Faculty of Commerce organized a two day International Conference on Commerce, Management, Social Science and Science on 20 and 21 November 2017.
- ◆ Dr. Shaffali Jain, Dr. Leena Bhatia, Dr. S.P. Kothari, Dr. Kapil Kr. Anand and Dr. Reetesh Jain participated as Co-coordinators in the 9th International conference on Peace and Non Violent Action held on 17-20 December 2017. The theme of the conference was Science, Spirituality and Universal Peace.

Yuva Sanskritik Pratibha Khoj Mahotsav was organized in the college on 14-15 December 2017 by Rajasthan Yuva Board (*Yuva Maamle Evam Khel Vibhag*) and Rajasthan Rajya Bharat Scout and Guide. The occasion was graced by the auspicious presence of Shri Ashok Lahoti, Mayor, Jaipur; Shri Bhupendra Saini, State Minister (President Yuva Board); Shri Sandeep Yadav, (Vice-President Yuva Board); Shri Jagdish Chand Mohanti, IAS, (Assistant Chief Secretary); Shri Sanwar Mal Verma (IAS) and Shri Firoz Khan (Film Director).

In this event, Dr. Pawan Kumar Sharma, Department of Public Administration; Dr. Vishal Gauttam, Department of ABST; Dr. Ravi Shankar Sharma, Department of Computer Science and Mr. Ravi Gupta, Department of BADM were felicitated for their special services and efforts. The programme ended with plantation of trees by the dignitaries.



Felicitatation at Yuva Sanskritik Pratibha Khoj Mahotsav

An event on "Blind Coding" was organized by the Department of Computer Science on 4 October 2017. 25 teams from the BCA stream participated in the event, out of which 10 teams were selected for the final round. Sagar Kumawat and Keshav Sharma, BCA-V Semester received the first prize; Lokesh Kumar and Kshetrapal Singh, BCA-III Semester bagged the second prize.



Winners of the Blind Coding Event

Students' Gallery of Fame

- ◆ Ms. Swati Doodhwal , M.A. (Political Science)-III Semester received the Maharana Pratap Trophy from the honourable Chief Minister Smt. Vasundhara Raje Scindia for her outstanding contribution in the field of games.



Swati Doodhwal receiving the Maharana Pratap Trophy

- ◆ The Weight Lifting team of the college won the inter-collegiate Weight-Lifting Tournament 2017-18



Weight-Lifting Tournament Winners

- ◆ The Athletics team of the college won the inter-collegiate Athletics Championship 2017-18



Athletics Tournament Winners

- ◆ The Tennis team of the college achieved the Runner Up position at the inter-collegiate Tennis tournament - 2017-18

Campus Buzz

Indian Institute of Tourism and Travel Management (IITTM) and Ministry of Tourism Govt of India organized a "Swachhta" campaign on 25 November 2017. Prof. Sandeep Kulshreshtha, Director, IITTM, Gwalior appreciated the initiative by the Ministry of Tourism for the preservation of beauty of the historical places and monuments. Prof. Naveen Mathur, Prof N. M. Sharma, Dr. Alok Mathur and Dr. Ramesh Devrath shared their views on this campaign and emphasized upon its importance and benefits for the tourist places. During the session, students and teachers were also shown a documentary on "Swachhta Abhiyaan."



Creating Awareness about Swachhta Abhiyan through Nukkad Natak

The students of college voiced their interest in "Swachhta Abhiyaan" through a Nukkad Natak. They also performed the Natak at different locations of Jaipur like Jantar Mantar, City Palace and Amber Fort.

The Department of Political Science paid a homage to Gandhi ji by organizing a lecture on the topic "Relevance of Gandhian Ideology in Today's Context" on the occasion of Gandhi Jayanti. The invited speaker was Shri Sawai Singh, President Samagra Seva Sangh.

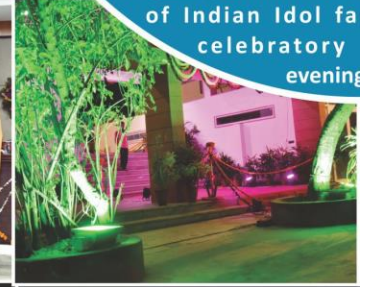
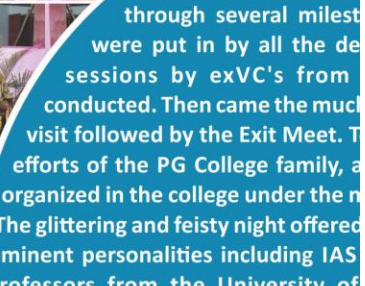


Guest Lecture on Relevance of Gandhian Ideology

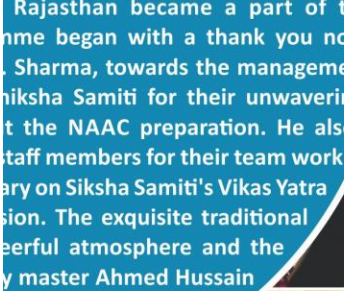
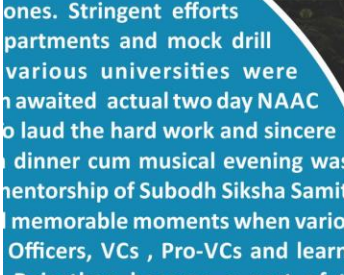
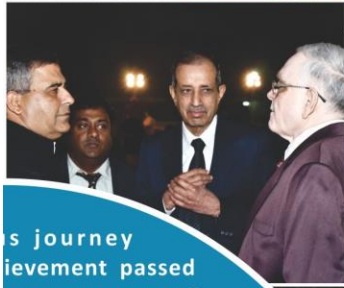
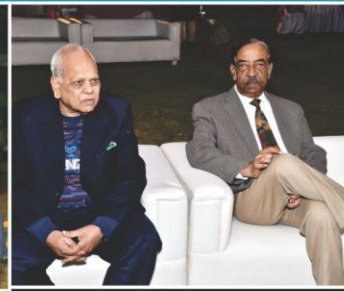
A guest lecture on the topic "Career in Electronic Media" was organized by the Journalism and Mass Communication Department on 17 November 2017. Dr. Shashi Sahay from Zee media addressed the students and interacted with them to help them learn about the career avenues in the field of electronic media.

An exclusive Placement Week was organised for the MCA students. Placements were offered to 65 students by C-DAC, GIPL, Technoglobe, DotSquare and Horizon Software companies.

Fifty one students of the college were selected through the placement drive of Concentrix Company held on 8 November 2017.





The arduous journey towards this achievement was through several milestones that were put in by all the stakeholders. The sessions by ex-VC's from various institutions were conducted. Then came the much-awaited visit followed by the Exit Meet. The efforts of the PG College family, along with the support organized in the college under the leadership of the Principal. The glittering and feisty night offered a platform for eminent personalities including IAS officers, who celebrated the celebration of success. The program was extended by the Principal, Prof. K.B. Jain, who expressed his gratitude to all the staff members of Subodh Shiksha, who supported the college throughout the process with their selfless efforts. A documentary film was also shown on this occasion, highlighting the cuisines and delicacies, the live gazal performance by the students, and the of Indian Idol fame, making it a celebratory evening.



s journey
 ievement passed
 ones. Stringent efforts
 partments and mock drill
 various universities were
 n awaited actual two day NAAC
 o laud the hard work and sincere
 dinner cum musical evening was
 mentorship of Subodh Siksha Samiti.
 memorable moments when various
 Officers, VCs , Pro-VCs and learned
 Rajasthan became a part of this
 me began with a thank you note,
 Sharma, towards the management
 iksha Samiti for their unwavering
 t the NAAC preparation. He also
 staff members for their team work
 ary on Siksha Samiti's Vikas Yatra
 sion. The exquisite traditional
 eerful atmosphere and the
 y master Ahmed Hussain
 me added to the
 mood of the
 s.

Students' Gallery of Fame

- ◆ Kamlesh Nagarkoti, BA I Semester has been selected in Under-19 Indian Cricket team for ICC World Cup-2018 to be held in New Zealand  *Kamlesh Nagarkoti*
- ◆ Ashish Bhardwaj, B A V Semester won the Mr. North India title in Mr. India Manhunt International 2017 in Bangalore. He shall subsequently be representing our country at the International level.  *Ashish Bhardwaj*
- ◆ Ashish Sharma, Akansha Heda, Monika Tiwari, Akshay Udawat, M.Sc. (Chemistry)-III Sem, Arjun Singh Jodha, MJMC III Sem and Nitin Sharma BBA- V Sem won first prizes in the Ad-Mania Inter-collegiate competitions held at B.Lal Institute of Bio-Technology, St. Xaviers College-Vendesto 2017 and ICG-Vidha 2017. Lokendra Sharma, B.Sc. V Semester won the first prize in the Debate Competition at "Vendesto-2017.
- ◆ Kajal Mishra, BBA III Semester and Ruchit Gupta, BBA I Semester won "Imagination", the poster making competition organised by S.S. Jain Subodh P.G. Mahila Mahavidhyalaya, Jaipur.
- ◆ Nitin Sharma and Avish Modi, BBA III Sem, Shubham Sharma, B.Com V Sem and Ishika Jangid, BBA I Sem won the Inter-Collegiate Competition "Business Tycoon" at S.S. Jain Subodh P.G. Mahila Mahavidhyalaya, Jaipur.
- ◆ Ruchit Gupta and Harsimran Singh, BBA I Sem won the Intercollegiate Quiz Competition organised by Kanoria PG Mahila Mahavidhyalaya, Jaipur.

Campus Buzz

"Fresher's Day" in a college is an event which every student eagerly awaits from the time of the admissions. A three day programme (11-13 Oct. 2017) was organized in the college to welcome the new entrants. The celebrations began with BBA Department's "Fresher's Fiesta", "Fun-o- Licious" of the Computer Department, "Pallavan-2017" of



Fresher's Fiesta-2017



Fun-o-Licious-2017



Pallavan-2017

Science, Commerce and Arts Departments and "Rubaroo" of all the PG courses. There was a rich array of cultural events including songs, dances, skits, plays and the most awaited Mr. and Ms. Fresher's contest. The senior students showed great enthusiasm in welcoming their juniors. The whole environment was charged with fun, frolic and excitement, which added to the festive mood in the college before the Diwali break.



Website Designing Contest Winners

A Website designing contest was organized by the Computer Science department to provide a platform for preparing the students as smart website developers. Forty students participated in the contest.

Students' Gallery of Fame

- ◆ Shoukat Ali Khan, BA-V Semester stood second in the National Level Essay Writing Competition organised by Babu Jagjeevan Ram Nation Foundation, New Delhi. He received a cheque of ₹ 50,000/- as prize money and a certificate of appreciation from Central Minister Shri. Thawar Chand Gehlot and State Minister Ramdas Athawale.



Shoukat Ali receiving award

- ◆ NSS volunteers, Satyendra Kumar and Komal Kumawat, M.S.W.-I Semester, Ankita Jangid, M.A. (Geo.) - I Semester and Lakshya Choudhary, B.A. V Semester represented India at the International platform by participating in the conferences on Refugees of Palestine, World Peace, Role of Youth in Community Service & Role of United Nation Volunteers.



NSS Volunteers at Russia

- ◆ Aditya Sharma, B.Com III Semester, was awarded the medal of "All India Senior Camp" in the National Integration Camp organised by Delhi Directorate. He was the only cadet from Rajasthan Zone to have received this medal.

Campus Buzz



NCC Conference

A one day conference was held in the college premises as per the programme of NCC group Head quarter, Jaipur and NCC directorate Rajasthan, in which all the NCC commanding officers of "Jaipur group" and Associate NCC Officers (ANO) participated and discussed the new guidelines provided

by the Director General NCC (DGNCC). The conference was headed by commanding officer, Col. A.K. Saha and a brief description of the orders was given by Lt. Col. Sadashiv Gadge.

The existing rich infrastructure of the campus has been further upgraded with addition of new state of the art facilities in the form of an indoor stadium with world class facilities to host national as well as international level events; two well equipped gymnasiums for students and staff with modern equipments for physical fitness, a solar energy plant and a new sound proof and a fully air conditioned seminar hall.



New Indoor Stadium



New AC Seminar Hall

Speak your 'Self'

Do You Avoid Difficult Tasks.....???

Dr. Suprithy Paliwal

Department of Psychology

It is Sunday evening and you are very tensed since you are unable to finish your project work, which you had to complete on Saturday. You are cursing yourself for spending a lot of time on the social media but how did this happen? Do not worry, you are not alone. There are many like you, who have the habit of procrastinating. In procrastination, a person chooses to do something else rather than the task he/she should be doing.

How to overcome Procrastination?

If you are delaying work for a genuine reason, then you are not procrastinating. You may be procrastinating if you do unimportant work the whole day; leave an item important task for a very long time; keep thinking about the work many times and not able to decide what to do; and wait for the "right mood," or "right time" to do a task.

Find out why you are Procrastinating ?

It could be because you are not organized and are poor at decision making; do not prioritize or do not set a deadline.

Change yourself

Procrastination is a habit-and you cannot break it overnight. What can you do?

Do not repent for procrastinating in the past, just forgive yourself

- Focus on finishing your work and do not avoid it.
- Reinforce yourself with a reward
- Make somebody monitor you.
- Reduce distraction by avoiding social media.

☆ (In case of any query or counseling assistance, please mail to suprithipaliwal@gmail.com)

Creative Hues

Social Service: A Responsibility

Dr. Kapil Kumar Anand

Department of Political Science &

Programmer Officer

Service to mankind is service to God. Social service also called welfare service is an act of helping the poor, disadvantaged, distressed or vulnerable people. Social work makes you feel good about yourself. It makes you happy that you can have an impact on the lives of other people, in the process of enriching your own. A person who devotes his/her life for the betterment of human race is loved by God. Mother Teresa, the Nobel Peace Prize Laureate was asked by Jesus Christ in a dream to help the unwanted, the unloved and the uncared for. She set up a leper's colony and took care of the poor and destitute children in India and dedicated her whole life, caring for the down-trodden without expecting anything in return.

We must make social service a compulsory subject right from middle school. Many schools all over India have collaborated with NGOs to inculcate the spirit of caring and sharing, in students.

The International Baccalaureate Curriculum has introduced CAS - creativity, action and service as a subject which enables students to enhance their personal and interpersonal development by learning through experiences-a personal journey of self-discovery through social service.

Similarly, corporates contribute to the society by CSR-corporate social responsibility-a form of self-regulation which makes it the responsibility of the company to contribute towards economic, social and environmental development of the society. The TATA group has a CSR programme which is related to health, primary education, skills, training, Women Empowerment and service for the differently-abled. It is also a type of social service. Social service allows one to work on various levels of the society, have a role in changing it and help in building a fairer, more equal and just society.

A life not lived for others is not a life. - Mother Teresa.



आँचल तड़प रहा है**Shoukat Ali Khan**

BA-V Semester

जलती मोमबत्तियां, जल कर फिर बुझ रही है
 करुणा की आग फिर मचल रही है
 माँ तेरी पुकार हवा सी बह गयी है
 आँचल तड़प रहा है
 सौंदर्य की यह बौखलाहट तड़प रही है
 कन्या होने की भूल सता रही है
 हिंदुस्तानी बेटों तुम यह क्या कर रहे हो
 आँचल तड़प रहा है...
 देखो वो कभी न थकती, बुझती
 वो उसी आँचल में ही तो पली है
 जहां हम सब की जिंदगानी तय हुई थी
 फिर से वही आँचल तड़प रहा है...
 सत्राटे के परिसर में बहक जाती है ममता
 हद हो जाती दरिंदगी की, इंसानियत की
 टूट जाता है अटूट का अप्रतिबंधित प्रेम
 यूँ ही मर जाती हैं जीवन की धाराएं
 आँचल तड़प रहा है..
 नोंच कर फेंक दी जाती है एक टुकड़े की तरह
 प्यारी, प्रेमाश्रयी, निर्दोष, एक निर्भया की तरह
 कल तक आज तक अखबारों में कतरनों की
 तरह...आँचल तड़प रहा है..
 रुलाया जाता हैं रूहों को बेहिसाब,
 बेमतलब बहसों में
 यह कोख का दर्द है सियासतदानों का नज़ारा नहीं
 न्याय के लिए भटकती आत्माएं हैं कोई सुनवाई
 नहीं.. देखो! आँचल तड़प रहा है
 जीने के इरादे से रचा यह व्यूह, दिलकश नज़ारे में
 भावुकता के उजियारे में वात्सल्य की गोद में
 आँचल तड़प रहा है...
 हिंदुस्तान बेशर्मी की हद है, तेरे इस प्यार में
 भेद के इस बेकरार में न्याय चाहिए बेटियों को ...
 आँचल तड़प रहा है...

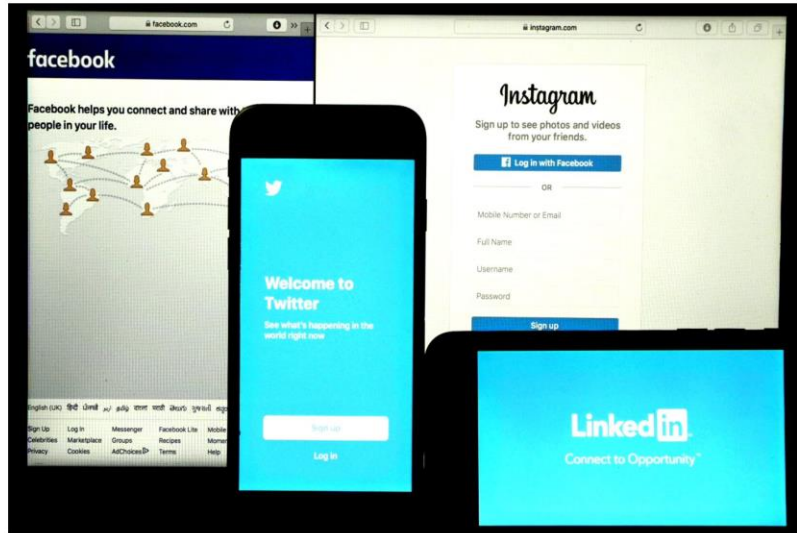
'Socializing' on Social Media**Dr. Divya Walia**

Department of English

Most of us have a very active life on social media and we don't ever hesitate in bragging about it. But what is the purpose of social media and are we really playing the part we are expected to, in achieving that. More often than not, social media platforms act like our personal diaries where we unburden our hearts and become poets/writers too, expressing our creativity not in the closed pages but on the open 'walls'. But, why do we do that? Because we no longer want to be secretive about our emotions and so we are swiftly moving from personal to public zones to share our feelings and thoughts. With our busy lives, we are not able to do justice to our social and familial ties, which are eventually getting narrowed down, so we have started socializing in a manner which doesn't ask for much of our time and has a rare quality of flexibility too. Moreover, we want the world to know who we are and how we think and also what people who know us think about us.

The most interesting and amusing aspect of our presence on social media, is what I would like to name as our 'wrapping paper' self. We do love to show ourselves being the happiest person on the planet and so don't want our social circle to miss out on all the fun we are having going to movies/cafes/abroad, taking first ride on metro, buying new vehicles and so on. Again a benign side of living two lives and carrying two images, for whatever gives you joy without stealing others' is present day mantra for survival and happiness in this difficult world.

So go ahead with your check-ins and posts but do refrain from overdoing it because it may then turn into another competitive world (with a race for more exclusive and exotic places to show on the wall) leaving you with sleepless nights once again, and completely defeating the purpose of digital socializing.



हाँ एक औरत हूँ मैं

डॉ. लीना भाटिया
कम्प्यूटर विभाग



हाँ एक औरत हूँ मैं
रीति रिवाजों में जकड़ी हुई
कभी चीखती कभी सिसकती हुई
हाँ एक औरत हूँ मैं
कभी बाल विवाह के बंधन में बंधी तो
कभी दहेज के नाम पर जलती हुई
हाँ एक औरत हूँ मैं
कभी मजबूरी तो कभी बोझ
कभी झाड़ियों में तो कभी अनाथालय में पटकी हुई
कभी हवस के लिए नोची तो
कभी पैसों के लिए बिकी हुई
हाँ एक औरत हूँ मैं
ऐ आदमी मगर मुझे कमज़ोर समझने की भूल मत करना
कभी दुर्गा तो कभी चण्डी हूँ मैं
आज पुरुषों के साथ क़दम से क़दम मिलाती
परिवार की ज़िम्मेदारियाँ साथ निभाती
एक औरत हूँ मैं
कभी माँ तो कभी बहन हूँ मैं
बच्चों को खिलाती दुलारती हूँ मैं
खुद भूखे रह कर भी मुस्कुराती हूँ मैं
भाई के हाथों पर राखी बाँध मीठा खिलाती हूँ मैं
भाई को बचाने के लिए माँ बाप से लड़ जाती हूँ मैं
शादी के बाद आँखों में आँसू भी लाती हूँ मैं
हाँ एक औरत हूँ मैं
प्रेम के दो मीठे बोल पर सबकुछ लुटाने वाली
हाँ एक औरत हूँ मैं
गर्व करती हूँ की एक औरत हूँ मैं
छत्रछाया नहीं साथ की चाहत रखती हूँ मैं
शिव की शक्ति तो घर की लक्ष्मी हूँ मैं
आँखों की शर्म तो अपनों की खुशी हूँ मैं
प्यार, दुलार अपनापन हूँ मैं
हाँ एक औरत ...

संगच्छध्वम् संवदध्वम् सूत्र की महती आवश्यकता

डॉ. शिप्रा पारीक
संस्कृत विभाग

हमारे प्राक् महर्षियों ने वर्षों पूर्व “संगच्छध्वम् संवदध्वम्” इस एक्य सूत्र को ग्रंथित किया था। वेदों में ज्ञान-विज्ञान, कला-कौशल सभी अनुस्यूत है। हम मंथन करें तो ‘वेदों में’ अक्षुण्ण ज्ञान है। कुछ भी ऐसा अंश नहीं जो वेदों में न हो आवश्यकता केवल उस ज्ञान तत्व को हृदयंगम करने की है।

महर्षियों को इस चमत्कारी सूत्र का आभास था, तभी उन्होंने आने वाले सभी मानवजाति के लिये अमिट इस मंत्र की सौगात दी। इस एक्य सूत्र का भाव है कि हम सभी मनुष्य “साथ-साथ” कदम-से कदम मिलाकर चलें। सहभाव से कार्य करें, कभी द्वेष का भाव अन्तर्मन में भी न आवे। साथ-साथ एक सुर में हम बोलें। सभी के मनोमस्तिष्क में सकारात्मक सोच हो और तद्रूप कार्यों की परिणति हो।

वर्तमान में भौतिकता के अन्धानुकरण युग में इस तरह के सकारात्मक सोच को प्रेरित करने वाले, एक्य सूत्र की महती आवश्यकता है। सभी मानव यदि इसी सूत्र की पालना को चरितार्थ करें तो “वसुधैवकुटुम्बकम्” की भावना को हम साकार कर सकेंगे और “भारत की विश्व गुरुता” बनी रहेगी।

आत्मबोध

अर्पित शौर्य शर्मा
B.Sc.- I Semester

मैं कलमकार ऋचाऔ का लेकिन मुझे बोध क्या है?
प्रश्न स्व से पूछ तू तेरा आत्मबोध क्या है ?
तेरा परिचय है क्या बता दे शत्रु को जरा
तू इठला के जब चला जरा सी हिल गयी धरा
तू आसमा, आसमा कब है झुका
तू जल प्रवाह, जल प्रवाह कब है रुका
झत शीश वीर हो भले नत शीश वीर करते नहीं
काल के कराल से कभी सूरमा डरते नहीं
काल के तू भाल पे शमशीर अपनी तानकर
हार के हर अंश को जीत अपनी ठानकर
बुहत हुआ परिचय तेरा अब कदम रण में बढ़ा
हाथ अब कटि से हटा प्रतांचा पर तीर चढ़ा
शीश शत्रु का कुचल विजय का आगाज कर
मैं रचनाकार भले हुआ लेकिन मुझे प्रबोध क्या है ?
प्रश्न स्व से पूछ तू तेरा आत्मबोध क्या है ?